

UNIVERSITY OF SWAZILAND

FACULTY OF HEALTH SCIENCES

FINAL EXAMINATION

MAY 2006

COURSE CODE : NUR 406

TITLE OF PAPER : COMMUNITY HEALTH NURSING 1

DURATION : 3 HOURS

MARKS: : 100

INSTRUCTIONS

- 1 Questions one (1) and five (5) are compulsory.**
- 2 Choose any other three (3) from the remaining Questions.**

DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR.

QUESTION ONE (COMPULSORY)

Sphiwe is a 20-year-old woman who visits the clinic in which you work for antenatal care. Examination reveals that she is 14 weeks pregnant. She is single but has been in a steady relationship for the past 6 months with Themba. She states that she has no other children. The HIV test taken is a routine test taken during the initial prenatal visit. The result is positive.

Sphiwe is shocked and emotionally disturbed about the positive test result. You understand that Sphiwe will not be able to concentrate on all the questions and information that need to be covered, you prioritize essential information to obtain and provide during this visit.

A) List any five (5) relevant factors to consider on the basis of this information.....(5)

B) What any five questions (5) do you need to ask with regard to controlling the spread of HIV to others?.....(5)

C) What information is most important to give to Sphiwe at this time?.....(5)

D) Mention only five (5) follow-up activities you need to arrange for Sphiwe(5)

TOTAL.....20 marks

QUESTION TWO

You are a community health nurse working in Mbabane Public Health Unit. When you examine your records at the clinic, you find that most of the people who present with TB symptoms are from Mahwalala community. Utilizing the primary and the secondary levels of disease prevention, discuss the measures that you would take to prevent and control the spread of TB in this community.

TOTAL.....20 marks

QUESTION THREE

As an occupational health nurse in any industry, you are expected to take part in the pre-placement examination of the employees of that particular industry.

- A) State five objectives for conducting a pre-placement examination (7).

- B) At what stage of employment should this kind of examination be performed? (3)

- C) Describe the scope of the pre-placement examination and the job requirement (10).

Total..... 20 marks

QUESTION FOUR

The Roy's Adaptation model can be used to direct nursing care for an individual, a family, or a community as a client.

A) Applying the concepts of this model, describe what processes and stimuli with regards to the individual, family and community you would assess for a client who is an adolescent and is pregnant(10)

B) Discuss what nursing interventions for this pregnant adolescent would you include at individual level using the following adaptive modes:

- I. Physiologic mode..... (6)
- II. Self- concept.....(4)

Total..... 20 marks

QUESTION FIVE (COMPULSORY)

The Ministry of Health and Social Welfare has appointed you to be the Director for the Health Education unit for the entire country. Discuss five- (5) health promotion actions that have to be taken by the Ministry.

Total..... 20 marks

QUESTION SIX

Quality assurance is a form of health care evaluation. Discuss six (6) dimensions which indicate that a programme provides quality of care in your health facility.

Total..... 20 marks