

Course Code NUR 550 (M) 2006

**UNIVERSITY OF SWAZILAND  
FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE  
FINAL EXAMINATION PAPER, MAY 2006**

**TITLE OF PAPER : MENTAL HEALTH PROBLEMS AND SOCIETY**

**COURSE CODE : NUR 550**

**DURATION : TWO (3) HOURS**

**INSTRUCTIONS :**

- 1. ANSWER ALL QUESTIONS**
- 2. EACH QUESTION CARRIES 25 MARKS.**
- 3. TOTAL MARKS FOR THE EXAMINATION IS 100**

**THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN GIVEN BY THE INVIGILATOR**

### QUESTION 1

In Swaziland about 30% of children are born of a teenage mothers. What implications are there for both the teenaged parents and their child (ren)? [25 Marks]

### QUESTION 2

- (a) Zuzu, a 23 year old, was walking home from work one evening when a group of young men wearing baraclavas pounced on her and repeatedly raped her. The young men were never apprehended. She has now been diagnosed as suffering from Rape Trauma Syndrome. How would you manage Zuzu? [15 Marks]
- (b) Male rape is becoming increasingly common in society. Outline the mental health ill effects such an experience has on the male survivor. [10 Mark]

### QUESTION 3

- (a) Vile, a 31 year old mother of 3-year old twins brought the children to the well baby clinic for their regular check-up. As a nurse you note that Vile is wearing dark sunglasses and although the temperature is 29°C she is wearing a long sleeved jacket. She also appears hypervigilant and easily distracted. After the babies have been checked, Vile asks to talk to you about a problem she is having. She says her husband of 5 years has been under a lot of work stress in the past 6 months and has lost temper on several occasions. He is now drinking a lot nightly and has become critical of her. Since the birth of the twins, they had to purchase a bigger house and the bills had increased. She wonders whether the twins are to blame for his anger. Vile then reveals bruises on both upper extremities and one directly under her right lower eyelid. She stated that her husband became angry when she confronted him about his behaviour and she now fears that he might injure the children.

Your assessment reveals that Vile has strengths in that she recognizes the presence of domestic violence, provides good care of her children and desires help with her situation. Weaknesses observed include self blame or guilt regarding her husband's behaviour, ineffective communication with her husband and expressed fear that her husband could harm the children.

Manage Vile's situation over three areas of need.

[20 Marks]

(b) Give two examples for each of the following ( $\frac{1}{2}$  point each)

- (i) Physical abuse
- (ii) Emotional abuse
- (iii) Abandonment
- (iv) Sexual abuse
- (v) Material abuse

[5 Marks]

**TOTAL MARKS = 25**

**QUESTION 4**

A number of clients are admitted to the National Psychiatric Centre and on thorough examination it is evident that they are manifesting signs of AIDS Dementia Complex (ADC). Discuss the presenting features of ADC and how it can be appropriately managed.

[25 Marks]

**TOTAL MARKS = 25**