

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
SEMESTER TWO FINAL EXAMINATION
MAY 2008**

COURSE CODE: HSC 203

TITLE OF THE COURSE: INTRODUCTION TO PSYCHOLOGY

TIME ALLOCATED: 2 HOURS

MARKS ALLOCATED: 75

INSTRUCTIONS

- 1. ANSWER ALL QUESTIONS**
- 2. EACH QUESTION CONSISTS OF 25 MARKS**
- 3. WRITE CLEARLY**
- 4. ONE MARK FOR A FACT**

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Question 1

- A. For nurses to understand the behaviour of self and others they need to look at different perspectives of psychology. Identify and describe with examples the seven (7) perspectives of modern psychology described by Baron (2002). (21)
- B. Name any 4 subfields of psychology.(4)

Total 25 marks

Question 2

According to Erikson, individuals move through eight stages of psychosocial development during their lives. Each stage centres around a specific crisis or conflict between competing tendencies. Identify these stages and briefly describe them.

25 Marks

Question 3

- A. As students you often experience stress. Some students are optimists and some are pessimists. Describe the strategies for coping with stress adapted by:
 - i.Optimists. (9)
 - ii.Pessimists. (9)
- B. As nurses you may encounter the following personality disorders. Describe these with examples.
 - i. Obsessive- compulsive personality.
 - ii. Paranoid personality.