

**UNIVERSITY OF SWAZILAND**

**FACULTY OF HEALTH SCIENCES**

**SUPPLEMENTARY EXAMINATION PAPER JULY, 2008**

**TITLE OF PAPER : ABNORMAL MIDWIFERY**

**COURSE CODE : MID 121**

**DURATION : TWO (2) HOURS**

**TOTAL MARKS : 75**

**INSTRUCTION : ANSWER ALL QUESTIONS**

**THIS PAPER SHOULD NOT BE OPENED UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR**

## Abnormal Midwifery Supplementary exam

### Question 1

Mrs Sigudla, a gravida 7 para 6 is admitted in active labour. Height of fundus is 38 weeks, presentation cephalic in right occipito posterior position, descent is 5/5; foetal heart rate is 142 beats per minute. Contractions are 3 in 10 minutes lasting for 35 seconds. On vaginal examination, cervix is 4 cm dilated, membranes are intact and there is no cord felt. An hour later spontaneous rupture of membrane occurs and the cord is seen protruding on the vulva.

- (a) Identify factors which may have predisposed Mrs Sigudla to this obstetric emergency

**3 marks**

- (b) Discuss interventions that will be carried out until the baby is delivered; include immediate postnatal care.

**22 marks**

### Question 2

Mrs Sibandze a divorced housewife delivered her third baby by Caesarian section 48 hours ago. Her two previous deliveries were normal. The father of the first baby died following a long term illness, she was a single mom at that time; then she married a man who had a child from a mother that later died of unknown illness. The father of the current baby is a married man currently living with his wife. Mrs Sibandze suspects that she has acquired HIV infection but has refused to test for HIV during antenatal care, and on admission to maternity ward. She is depressed and does not breast feed her baby.

Discuss the following points based on the above situation:

- (a) How a midwife can motivate Mrs Sibandze to test for HIV infection ( 5 marks)
- (b) The importance of disclosure to significant people about her HIV status (5 marks)
- (c) Diet and nutrition that she has to conform to (5 marks)
- (d) The importance of exercises ( 5 marks)
- (e) Issues related to infant feeding ( 5 marks)

**Total marks 25**

### **Question 3**

Mrs Sithole is a gravida 10 at term, admitted to the labour ward. She gives a history of having been in labour for the past 18 hours. She looks exhausted. The midwife suspects that the labour is obstructed.

- (a) Discuss findings that will confirm the diagnoses of obstructed labour

**15 marks**

- (b) Discuss interventions that will be made to Mrs Sithole in the next six (6) hours.

**10 marks**