

# **UNIVERSITY OF SWAZILAND**

**FACULTY OF HEALTH SCIENCES**

**(FIRST SEMESTER)**

**FINAL EXAMINATION PAPER**

**2007**

**COURSE CODE: NUR 405**

**COURSE TITLE: COMMUNITY HEALTH NURSING I**

**TIME ALLOWED: 2 HOURS**

**MARKS ALLOCATED: 75**

## **INSTRUCTIONS:**

- 1). THIS PAPER CONTAINS FOUR (4) QUESTIONS.**
- 2). QUESTION 1 IS COMPULSORY.**
- 3). ANSWER ANY OTHER TWO QUESTIONS.**
- 4). ANSWER EACH QUESTION ON A SEPARATE SHEET OF PAPER.**

**PLEASE DO NOT OPEN THIS PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR.**

**QUESTION ONE (Compulsory)**

**THE NURSE EPIDEMIOLOGIST AND NEWBORN STATISTICS**

Grace Dlamini was the community health nurse responsible for interpreting mortality and morbidity statistics for her regional health sector. Based on a preliminary listing of figures, she initiated a comparative study of newborn morbidity from the death certificates of infants delivered at two regional hospitals. The study revealed that one of the hospitals had a high rate of newborn deaths. On a closer look, the nurse found that the physicians and midwives were using a particular kind of instrument-assisted delivery. When she presented her findings to the regional health administrator, he shelved the report. She persisted and eventually went public with her findings. Despite eventual investigation into the matter and a change of the procedures at the hospital in question, Grace was labeled as “a Traitor” by officials at her region, and she lost support of nurse colleagues employed in the region. After several months of this treatment, she resigned her position.

- a) What does the duty of advocacy mean in this situation?.....(10 marks)
  
- b) What is the appropriate action for the nurse in protecting the health, welfare and safety of the client?.....(10 marks)
  
- c) Does the duty of advocacy override personal concerns of the nurse? Why or Why not in your view?.....(5 marks)

**TOTAL MARKS..... [25]**

## QUESTION TWO

Florence Nightingale made many contributions that were relevant to the development of community health nursing and public health practice. Two of these contributions she made include the following:

- a) She promoted advanced education for public health nursing.
- b) She endorsed the concept of health promotion.

I. Briefly describe what is entailed in these two forms of contribution (a and b). Five marks will be awarded for each contribution..... (12 marks.)

II. For each form of contribution, discuss how they relate to community health nursing practice in Swaziland. Seven and a half marks will be given for each contribution .....(15 marks.)

**Total Marks.....[25]**

### **QUESTION THREE**

In Swaziland to-day, the need for culturally sensitive nursing is obvious particularly with increasing probability of encountering clients from other cultures. Therefore, it is particularly important to consider the clients' cultural background in formulating nursing care to meet her/his needs.

- a) Describe the four principles of cultural assessment that should guide nurses engaged in the study of another culture.....(10 marks)
  
- b) Explain how a community health nurse becomes knowledgeable about another culture  
.....(15 marks)

**Total Marks.....[25]**

### **QUESTION FOUR**

In community health nursing practice, we work collaboratively with other disciplines including the Non-Governmental Organizations (NGOs) when implementing relevant interventions in the communities. Therefore, it is important to know the services that they provide in order to make appropriate referrals to these organizations.

Describe five (5) services rendered by the following NGOs:

- a) Swaziland Infant Nutrition Action Network (SINAN).....(5 marks)
  
- b) Baphalali Red Cross Society.....(5 marks)
  
- c) Swaziland Hospice at Home.....(5 Marks)

Discuss what you would do (activities) in collaboration with Swaziland Action Group Against Abuse (SWAGAA) to reduce the problem of child abuse in a community of your choice.....(10 marks)

**Total Marks.....[25]**