

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES

FINAL EXAMINATION

MAY 2008

COURSE CODE : NUR 508
COURSE NAME : THEORETICAL BASIS OF NURSING II
TIME ALLOWED : 2 Hrs
MARKS ALLOCATED : 75

INSTRUCTIONS

- 1. Answer all questions.**
- 2. Each question carries 25 marks**
- 3. Read questions carefully**
- 4. Write clearly**

QUESTION 1 - MULTIPLE CHOICE

1. Which theorist was born in 1924 on a 100 acre farm in Ohio?
 - a. Margaret Newman
 - b. Madeline Leininger
 - c. Jean Watson
 - d. Betty Neuman

2. Neuman's System model was developed to do which of the following?
 - a. View the client as an open system
 - b. Identify the usual level of health
 - c. Help teach graduate students an integrated approach to health care
 - d. Protect by a flexible line of defence

3. Which theorist retired in 1985 as the Associate Chief of Nursing Education at the Northport Veterans Administration Medical Centre?
 - a. Josephine Paterson
 - b. Betty Neuman
 - c. Jean Watson
 - d. Loretta Zderad

4. Which two theorists define the concept of health as a matter of personal survival, as a quality of living and dying?
 - a. Paterson and Zderad
 - b. Watson and Neuman
 - c. Parse and Erickson
 - d. Tomlin and Swain

5. Which theorist referred to her work as a philosophy and science of nursing, in her later book she clearly states that her work represents a nursing theory
 - a. Paterson
 - b. Neuman
 - c. Watson
 - d. Leininger

6. Which theorist is a founder and editor of Nursing Science Quarterly, a Chestnut House Publication?
 - a. Zderad
 - b. Parse
 - c. Paterson
 - d. Watson

7. According to Jean Watson, nursing is concerned with:
- i. Promoting health, preventing illness , curing and restoring health
 - ii. Nursing's social moral and scientific contribution lies in nursing's commitment to caring
 - iii. Nursing is rooted in the humanistic and natural sciences
 - iv. Nursing is an art that is humanistic and humanitarian
 - a. i,ii,iii
 - b. ii,iii,iv
 - c. i,iii,and iv
 - d. iii and iv
8. Consciousness according to Margaret Newman is:
- i. Characterized by movement, diversity and rhythm
 - ii. Unseen and multidimensional pattern that is ground or basis for all things.
 - iii. Manifest health encompassing disease and non disease
 - iv. Capacity of the system to interact with the environment.
 - v. It encompasses all the things that we perceive as feelings and thinking and the information embedded in the central nervous system.
 - a. i, ii and iii
 - b. iv and v
 - c. iii, iv and v
 - d. all of the above.
9. According to Leininger cultural shock means:
- a. When an outsider attempts to comprehend or adapt effectively to a different cultural group
 - b. The social structure, world view and environmental context.
 - c. The cultural imposition
 - d. The emphasis for nurses to have information specific to culture.
10. Professional care systems are defined by Leininger as:
- a. A state of wellbeing that is culturally defined, valued and practiced
 - b. Concrete phenomena related to assisting, supporting toward human condition
 - c. Formally taught, learned and transmitted professional care, health and illness and related knowledge.
 - d. Actions and activities directed towards assisting and supporting another individual.
11. Which theorist defines 10 'carative' factors as the core of nursing?
- a. Margaret Newman
 - a. Betty Neuman
 - b. Rosemary R. Parse
 - c. Jean Watson
12. Which theorist views the role of research as testing theory and establishing a scientific knowledge base from which professional practice takes place?

- a. Jean Watson
 - b. Margaret Newman
 - c. Rosemary Parse
 - d. Madeline Leininger
13. Which theorist was born in 1944, who earned a Bachelor of Science in Nursing from Alverno College, Wisconsin?
- a. Savina Schoenhofer
 - b. Madeleine Leininger
 - c. Anne Boykin
 - d. Margaret Newman
14. Which theorists wrote the book, 'Living a Caring-Based Programme'?
- a. Madeleine Leininger and Anne Boykin
 - b. Margaret Newman and Betty Neuman
 - c. Jean Watson and Rosemary Parse
 - d. Savina Schoenhofer and Anne Boykin
15. Which theorist served as the president of the National League for nursing from 1995 – 1996?
- a. Martha Rogers
 - b. Jean Watson
 - c. Ida Orlando
 - d. Callista Roy
16. Which theory was developed by three individuals, Helen Cook Erickson, Evelyn M Tomlinson and MaryAnn P. Swain.
- a. Theory of transpersonal caring
 - b. Humanistic nursing
 - c. Neuman's System Model
 - d. The Modelling and Role Modelling theory
17. When was the initial publication of Modelling and Remodelling presented ?
- a. 1957
 - b. 1983
 - c. 1972
 - d. 1976
18. Which theorist was born in Nebraska and received her basic nursing education at St Anthony's School of Nursing, Denver?
- a. Callista Roy
 - b. Betty Neuman
 - c. Madeleine Leininger
 - d. Jean Watson

19. Which theorist defines health and nursing but does not define specifically the major concepts of human being and society/environment?
- Ida Orlando
 - Betty Neuman
 - Jean Watson
 - Madeleine Leininger
20. Which theorist retired in 1996 as a Professor of Nursing at the University of Minnesota?
- Madeleine Leininger
 - Jean Watson
 - Margaret Newman
 - Rosemary Parse
21. Which theorist provided a guide to the inclusion of culture as a vital aspect of nursing practice?
- Florence Nightingale
 - Virginia Henderson
 - Hildegard Peplau
 - Madeleine Leininger
22. Which theorists said Modelling and Remodeling involve an art and a science?
- Erickson, Tomlin and Swain
 - Dorothea Orem and Dorothy Johnson
 - Virginia Henderson and Hildegard Peplau
 - Callista Roy and Rosemarie Parse
23. Which theorist developed the theory of Human Becoming within the simultaneity paradigm that views human being as developing meaning through freedom to choose and than and different from the sum of his parts.
- Jean Watson
 - Rosemarie Parse
 - Madeleine Leininger
 - Betty Neuman
24. Which theorist said Humans are seen as becoming through choices and health is a personal value of more being and well being?
- Paterson and Zderad
 - Florence Nightingale and Callista Roy
 - Imogene King and Virginia Henderson
 - Peplau and Watson
25. Which theorist sees health and disease as reflections of a larger whole rather than different entities?
- Betty Neuman
 - Imogene King
 - Margaret Newman
 - Anne Boykin

TOTAL MARKS [25]

QUESTION 2

A. Discuss how Watson's Theory of Human Caring influences the following?

- i. Education (5)
- ii. Practice (5)
- iii. Research (5)

B. Describe caring using Watson's view and list the ten carative factors. (10)

TOTAL MARKS [25]

QUESTION 3

A. Describe the Newman's System Model under the following headings:

- (i) Basic structure and energy resources (3)
- (ii) Client variables (3)
- (iii) Lines of resistance (3)
- (iv) Normal line of defence (3)
- (v) Flexible lines of defence (3)

B. Apply the following assumptions of caring by Jean Watson when dealing with an HIV positive or AIDS suffering patient.

- a. Caring can be effectively demonstrated and practised only interpersonally. (3)
- b. Caring responses accept a person not only as he is now, but as what he may or may become. (4)
- c. The practice of caring is central to nursing. (3)

TOTAL MARKS [25]