

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
SEMESTER TWO FINAL EXAMINATION PAPER
MAY 2009

COURSE CODE: HSC 203

TITLE OF THE COURSE: INTRODUCTION TO PSYCHOLOGY

TIME ALLOCATED: 2 HOURS

MARKS ALLOCATED: 75

INSTRUCTIONS

- 1. ANSWER ALL QUESTIONS**
- 2. EACH QUESTION CONSISTS OF 25 MARKS**
- 3. WRITE CLEARLY**
- 4. ONE MARK FOR A FACT**

QUESTION 1

- a) Describe with the use of examples five (5) defense mechanisms. (10)
- b) Briefly describe Freud's psychosexual stages of development. (15)

Total 25 marks

QUESTION 2

- a) As nurses we are often confronted with client losses (death or diagnoses of an incurable disease). Briefly describe the stages of death and dying with examples of behavior exhibited by clients. (15)
- b) Conditioning is one of the methods of learning. Explain how learning occurs in
- i. Classical conditioning (5)
 - ii. Operant conditioning (5)

Total 25 marks

QUESTION 3

- a) As nurses we often encounter some personality disorders. Briefly describe the following disorders with examples
- i. Antisocial personality disorder (6)
 - ii. Obsessive-compulsive personality (3)
 - iii. Paranoid Personality disorder (3)
- b) In coping with stress individuals employ different coping strategies. Briefly describe the strategies employed by
- i. Optimists (7)
 - ii. Pessimists (6)

Total 25 marks