

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
(FIRST SEMESTER)

FINAL EXAMINATION PAPER
DECEMBER, 2008

COURSE: NUR 350

COURSE TITLE: INTRODUCTION TO MENTAL
HEALTH/PSYCHIATRIC NURSING

TIME ALLOWED: 2 HOURS

MARKS ALLOCATED: 75

INSTRUCTIONS:

- 1. THIS PAPER CONTAINS THREE QUESTIONS**
- 2. ANSWER ALL QUESTIONS**
- 3. ANSWER EACH QUESTION ON A SEPARATE SHEET OF
PAPER**

**PLEASE DO NOT OPEN THIS QUESTION PAPER UNTIL
PERMISSION HAS BEEN GRANTED BY THE INVIGILATOR**

QUESTION 1

- a) Differentiate between mental health and mental illness (10)
- b) Briefly describe the essential elements of mental status examination (10)
- c) Define the following terms: (1 mark each)
 - Circumstantiality
 - Flight of ideas
 - Looseness of association
 - Delusion
 - Illusion

[Total marks 25]

QUESTION 2

- a) What is mental retardation? (5)
- b) Briefly describe the four subtypes of mental retardation, giving an example in each description (20)

[Total marks 25]

QUESTION 3

Bheki, a 14 year old, has dropped out of school because of having failed form 1 because he hardly went to school in that year. He passed Grade 7 with a First Class, examinations for which he wrote while in jail having stolen a cellphone and money from his caretaker aunt and breaking into a neighbour's house where he stole a DVD and CD's. Family members no longer want him because he steals anything and everything that is valuable and denies when confronted. He has been to Mdutjane Juvenile Correctional Centre where he served a 9-month sentence but he has not improved. Bheki's mother died when he was 9 years old and his alcoholic father died 4 years later. He and his siblings were taken care of by his aunt.

Bheki can never tell the truth and always gets money from unsuspecting neighbours under the pretext that there is no food at home. Younger children are afraid of him because he beats them and take away whatever they have that he wants

What is probably wrong with Bheki? Justify your answer.

[Total marks 25]