

UNIVERSITY OF SWAZILAND

FACULTY OF HEALTH SCIENCES

(FIRST SEMESTER)

**FINAL EXAMINATION PAPER
2008**

COURSE CODE: NUR 405

COURSE TITLE: COMMUNITY HEALTH NURSING 1

TIME ALLOWED: 2 HOURS

MARKS ALLOCATED: 75

INSTRUCTIONS:

- 1). THIS PAPER CONTAINS THREE (3) QUESTIONS.**
- 2). ANSWER ALL QUESTIONS AND EACH QUESTION ON A SEPARATE SHEET OF PAPER.**

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QUESTION ONE

Betty Neuman developed the health care model as an organizing framework for graduate students to facilitate their understanding of clients' needs within the holistic viewpoint.

- a) What four concepts of nursing metaparadigm did she define and linked them together?.....(4 marks)

- b) Describe what the following variables mean according to Neuman and give three examples for each variable. Base your answer(s) on the community as a client
 - I. Physiological.....(4 marks)

 - II. Socio-cultural.....(4 marks)

 - III. Spiritual.....(4 marks)

- c) The major nursing goal in Neumann's systems model is to maintain the clients' system in a stable state through accurate assessment of actual and potential stressors followed by implementing appropriate interventions. Briefly describe what is entailed in the three intervention strategies. Three marks will be given for each intervention strategy.....(9 marks)

Total 25 Marks]

QUESTION TWO

Health care delivery in the community is accomplished through a team approach. Teams of health professionals and non professionals function together. They join efforts to meet the health needs of the population. Team members utilize the knowledge and expertise of each to provide more effective health care to clients at all levels.

- a) Define the “health care team” concept.....(2 marks)
- b) Describe the ingredients of competent health work.....(6 marks)
- c) Outline seven (7) responsibilities of a nursing professional in a typical community Health care team..... (7 marks).
- d) In community health nursing use of **Consensus** and **Matrix** models when addressing client’s health care needs in the community would be the most appropriate than the authoritative model. Defend this statement by giving the supporting reasons for its basis (10 marks).

Total Marks.....[25]

QUESTION THREE

You are a community health nurse working at Sithobela clinic in the Lubombo region. You observe in your records that people are undernourished, particularly children and the elderly in the community.

According to your assessment, one of the major causes that are central to this problem is “**poverty**”.

Discuss the strategies for poverty reduction that you would implement towards minimizing the problem of poverty and its effects on the health status of the population. Focus on the children aged 0-5 years and the elderly 60 years and above. Fifteen (15) marks will be given for the 0-5years and ten (10) marks will be for the elderly 60 years and above.

TOTAL..... [25 marks]