

**UNIVERSITY OF SWAZILAND  
FACULTY OF HEALTH SCIENCES  
BACHELR OF NURSING YEAR 4 HEALTH SCIENCES**

**FINAL EXAMINATION PAPER 2009**

**TITLE OF PAPER : NORMAL PSYCHOLOGICAL  
DEVELOPMENT.**

**COURSE CODE : NUR 453**

**TIME ALLOCATION : 2 HOURS**

**MARKS ALLOCATION: 75**

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE  
QUESTIONS.  
ANSWER THREE QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.**

### **QUESTION 1**

The campaign against HIV and AIDS seems to be failing in Swaziland because the HIV cases are increasing instead of decreasing. It is believed that among other things causing this observation is that the sexual behaviour of people who are sexually active seems not to have changed. Discuss the influence of the following situations on sexual behaviour change:

- 1.1 Lack of professional counsellors (10 marks).
- 1.2 Lack of appropriate training in counselling (10 marks)
- 1.3 Lack of mental health services decentralization (5mark).

**{25 marks}**

### **QUESTION2**

It is essential in psychiatric nursing to embark on extensive and intensive mental health promotion because it is extremely difficult to cure mental disorders. Discuss clearly how the initiation on community support system, income generative projects and family empowerment does promote normal psychological growth and development in Swaziland.

- 2.1. Community support system creation (10marks).
- 2.2. Income generative projects (10marks)..
- 2.3. Family empowerment (10marks).

**[25 marks]**

### **QUESTION 3**

There seems to be stumbling blocks regarding the promotion of normal psychological growth and development of individuals in Swaziland. How would the following factors influence the promotion of normal psychological growth and development of individuals?

- 3.1 Centralization of mental health Services (10marks).
- 3.2 Lack of mental health school program (10marks).
- 3.3 Drugs availability (5marks)