

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
(FIRST SEMESTER)

FINAL EXAMINATION PAPER

DECEMBER, 2008

COURSE CODE: NUR 520
COURSE TITLE COMMUNITY HEALTH NURSING IV
TIME ALLOWED: 2 HOURS
MARKS ALLOCATED: 75

INSTRUCTIONS:

- 1) THIS PAPER CONTAINS THREE(3) QUESTIONS**
- 2) ANSWER ALL THE THREE QUESTIONS**
- 3) ALL THE QUESTIONS CARRY THE SAME MARKS**
- 4) WRITE LEGIBLY**

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GRANTED BY THE CHIEF INVIGILATOR**

QUESTION 1

Read the passage that follows and answer the related questions.

Zandile Zondi a typist with diabetes mellitus was divorced from her husband of six years two years ago. Zandile and her husband were blessed with two children aged 6 and 4 years. The children are staying with their mother who is now married to another divorcee who has never had children but expressed happiness at marrying a woman who already had children. Sizwe Zondi, the biological father of the children, is also married to another woman but sees his children after every two weeks. The agreement of seeing the children after two weeks is at times violated by Sizwe who forgets to pick them up. Zandile and new husband expected that their marriage and family life together would be smooth sailing and they were both excited about creating a new family life together. The children, however, appear very strained when they are relating to their step father and they seem resentful about the new marriage. Zandile's new husband feels that he has to discipline the children as their father, but Zandile yelled at him, telling him that the children were her responsibility since she was their biological parent.

1.1 What type of family form does the family in the above passage represent?

Motivate your response. (3)

1.2 From the children's perspective, what other family form are they in?

Motivate your response . (3)

1.3 Discuss four issues/stresses that maybe faced by the family form you

mentioned in 1.1 above. (12)

1.4 As a community health nurse (CHN) working with this family, describe three points of supportive counselling you would provide to assist the family to adapt. (6)

1.5 Define the word *family* in such a way that it suits the many family forms prevailing today. (1)

TOTAL MARKS = 25

QUESTION 2

2.1 A system is defined as a unit with distinct parts and boundaries. Utilising this information, list five characteristics of the family system. (5)

2.2 Mention four significant boundaries of the family. (4)

2.3 Describe how family boundaries function to maintain family homeostasis. (3)

2.4 Mention five characteristics of a healthy family. (5)

2.5 Read the passage that follows and answer the related questions

Musa and Thandi, the Swazi couple, got married in their early thirties. They were blessed with three boy children aged 15, 13 and 11 years. The parents are both working. Because of ill health, Thandi is no longer able to produce more children yet the family wanted to have a girl child in the family. The decision to adopt was communicated to all family members who welcomed it and it was a success. One month after the adoption, the boys showed no interest in their baby sister. This worried both parents. The boys did not

want to assist with anything and that frustrated both parents. The father tried to discipline them and coerced them to assist their mother who was overloaded with caring responsibilities. Seeing that, the elder boys decided to run away from home and stayed with friends and the 11 year old began to wet his bed.

2.5.1 Describe two factors that you think may lead to the disruption of homeostasis in this family. (4)

2.5.2 Describe one way this family may reduce stress. (2)

2.5.3 State if the statements that follow are *true* or *false*.

2.5.3.1 The family is a dynamic system which has little capacity to change. (1)

2.5.3.2 The only purpose of the family is to nurture children. (1)

TOTAL MARKS = 25

QUESTION 3

3.1 For the following statements, state whether the family is a:

A. *Context*

B. *Component of society*

C. *Sum of its members*

D. *Client*

E. *Family subsystem as a client.*

Write your answers as: 2.3.1 Context.

3.1.1 In this type of family nursing practice, the family is in the foreground of care.

3.1.2 In this type of family nursing practice, the family is in the background of care while the individual is the focus of care.

3.1.3 In this type of family nursing practice, the family is visualised as one subsystem within a larger system.

3.1.4 In this type of family nursing practice, the foreground of care on each of clients is seen as separate rather than interacting units. (4)

3.2 In providing home-based care services, the nurse views the family as a context, a client as well as a component of society. Motivate the statement. (3)

3.3 In viewing the family as a context in home-based care, describe three challenges that family care givers face. (6)

3.4 Describe any four roles that are performed by a community health nurse (CHN) in home-based care. (12)

TOTAL MARKS = 25