

**UNIVERSITY OF SWAZILAND  
FACULTY OF HEALTH SCIENCES  
BACHELR OF NURSING YEAR 5 HEALTH SCIENCES**

**FINAL EXAMINATION PAPER 2009**

**TITLE OF PAPER : TREATMENT MODALITIES FOR  
MANTAL HEALTH PROBLEMS.**

**COURSE CODE : NUR 555**

**TIME ALLOCATION : 2 HOURS**

**MARKS ALLOCATION: 75**

**INSTRUCTIONS : THIS PAPER CONSISTS OF  
THREE QUESTIONS.  
ANSWER ALL QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.**

### **QUESTION 1**

The psychiatric nursing students at the Faculty of Health Sciences have formed a psych society for the promotion of mental Health of Students at the University of Swaziland and also to instil professional integrity in the psychiatric nursing Profession at University and the country at large. What activities would the society implement to:

- 1.1. Maximize professional integrity (10 marks).
- 1.2. Reduce fear to HIV and AIDS (10 marks).
- 1.3. Increase counselling skills (5 marks).

**[25 marks]**

### **QUESTION 2**

Mental Health Promotion is essential in mental health because it helps to avoid people becoming mentally disordered. It is also very difficult to treat mental disorders. Discuss the concepts bellow:

- 2.1. Primary mental health prevention (10marks).
- 2.2. Secondary mental health prevention (10marks).
- 2.3. Tertiary mental health prevention (5marks).

**[25 marks]**

### **QUESTION 3**

The development of the infants in pre-schools is rather highly skewed on the cognitive and physical part. How would you use the following to improve mental health services in pre-schools?

- 3.1. Professional dynamic nature of psychiatric nursing (5marks).
- 3.2. The physical part of development (5marks).
- 3.3. The psychosocial part of development (5marks).
- 3.4. The cognitive part of development (5marks).
- 3.5. The emotional part of development (5marks).

**[25 marks]**