

**UNIVERSITY OF SWAZILAND  
FACULTY OF HEALTH SCIENCES  
BACHELR OF NURSING YEAR 4**

**FINAL EXAMINATION PAPER 2009**

**TITLE OF PAPER: NORMAL PSYCHOLOGICAL  
DEVELOPMENT 1.**

**COURSE CODE : NUR 452**

**MARKS ALLOCATION: 75**

**INSTRUCTIONS : THIS PAPER CONSISTS OF  
THREE QUESTIONS.**

**ANSWER ALL QUESTIONS**

**DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.**

### **QUESTION 1**

The promotion of normal psychological growth and development in individuals could be enhanced by a number of professional interventions. In your own observation discuss as to how mental school health programs, consulting and training and forensic services can be used to enhance normal psychological growth and development of individuals in Swaziland.

- a) 10 marks for school health programs.
- b) 10 marks for consulting and training.
- c) 5 marks for forensic services.

**{25 marks}**

### **QUESTION 2**

It is essential that mental health of children is promoted in Swaziland. Discuss five reasons as to why mental health of children should be promoted.

**{25 marks}**

### **QUESTION 3**

It is important that psychiatric nurses are well informed of their professional roles in the community while executing their services. Discuss the three roles of the community psychiatric nurse bellow. The roles of the psychiatric/community mental health nurse being, (a) educator, (b) Coordinator and (c) practitioner.

- a) 10 marks for educator.
- b) 10 marks for coordinator and
- c) 5 marks for practitioner.

**{25 marks}**