

UNIVERSITY OF SWAZILAND  
FACULTY OF HEALTH SCIENCES

SUPPLEMENTARY EXAMINATION PAPER 2009-2010

TITLE : MENTAL HEALTH PROBLRMS AND SOCIETY I

COURSE : NUR 552

DURATION : TWO (2) HOURS

MARKS : 75

- INSTRUCTIONS:
1. ANSWER ALL QUESTIONS
  2. EACH QUESTION CARRIES 25 MARKS

**Question 1**

Mhlophe, 35 years, is a high school teacher readmitted to the psychiatric unit 2 weeks after she was discharged following 4 weeks of treatment for a major depressive disorder. Mhlophe's husband describes her recent behaviour as being extremely unstable with rapidly alternating moods. "She is driving me and the children crazy crying and talking about killing herself one day and out shopping for a new glitzy wardrobe the next. She tried to go back to work after her discharge but the headmaster put her on leave of absence until the end of the year. The headmaster reported that Mhlophe proposed love to him and was behaving flirtatiously toward the soccer coach and some of the male students".

- a) What is probably wrong with Mhlophe? Give a justification for your answer. (17)
- b) How should Mhlophe's condition be managed? (8)

TOTAL: 25

**Question 2.**

In what ways do unresolved stress contribute to morbidity and mortality? (25)

TOTAL: 25

**Question 3**

- a) Discuss the impact male rape has on the male victim (11)
- b) Describe and give an example of each of the following defense (mental) mechanisms (2 points each)
- (i) Reaction-formation
  - (ii) Conversion
  - (iii) Sublimation
  - (iv) Compensation
  - (v) Projection
  - (vi) Undoing
  - (vii) Rationalization

TOTAL; 25