

**UNIVERSITY OF SWAZILAND  
FACULTY OF HEALTH SCIENCES  
BACHELR OF NURSING YEAR 5**

**FINAL EXAMINATION PAPER 2009**

**TITLE OF PAPER: TREATMENT MODALITIES FOR MENTAL  
HEALTH PROBLEMS 1.**

**COURSE CODE : NUR 554**

**TIME ALLOCATION : 2 HOURS**

**MARKS ALLOCATION: 75**

**INSTRUCTIONS : THIS PAPER CONSISTS OF  
THREE QUESTIONS.**

**: ANSWER ALL THREE QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.**

### **QUESTION 1**

In the Christian point of view the concept of being non-judgemental by a therapist can be observed in patients' responses to therapy through faith, hope and love. Discuss as to how faith, love and hope can be reflected from patients' responses to therapy.

- a) 10 marks for love.
- b) 10marks for hope.
- c) 5marks for faith

**[25 marks]**

### **QUESTION 2**

Rogers and Sanford provide ten characteristics of the client-centered therapy. (a) In your own opinion discuss these characteristics and give two examples of real life applications for each characteristic. (b) Give five reasons supporting that client-centred psychotherapy is bad for clients.

- a) 20 marks for examples of real life application of characteristics.
- b) 5 marks for badness of client-centred psychotherapy.

**[25 marks]**

### **QUESTION 3**

The five parts of an individual are essential entities during psychotherapeutic interventions. Discuss how a therapist can utilize the physical, psychosocial and spiritual during psychotherapy.

- a) 10 marks for physical.
- b) 10 marks for psychosocial.
- c) 5 marks for spiritual.

**[25 marks]**