

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELOR OF NURSING YEAR 5**

SUPPLEMENTARY EXAMINATION PAPER: 2010

**TITLE OF PAPER: TREATMENT MODALITIES FOR MENTAL
HEALTH PROBLEMS 11.**

COURSE CODE : NUR 555

TIME ALLOCATION : 2 HOURS

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS.**

ANSWER ALL QUESTIONS.

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

The psychiatric nursing students at the Faculty of Health Sciences have formed a psych society for the promotion of mental health of students at the University of Swaziland and also to instil professional integrity in the psychiatric nursing profession at University and the country at large. Discuss how professional integrity maximization, HIV and AIDS fear reduction and maximization of counselling skills can help to promote mental health of students at the Faculty.

- a) Professional integrity maximization **(10 marks).**
- b) HIV and AIDS fear reduction **(10 marks).**
- c) Counselling skills increasing **(5 marks).**

QUESTION 2

Mental health promotion is essential in mental health because it helps to avoid people becoming mentally disordered. It is also very difficult to treat mental disorders. Community members and mental health professional seem to belief the myth “one mentally disordered, always mentally disordered”. Discuss the essentiality of mental health promotion in Swaziland through primary, secondary and tertiary.

- a) Primary prevention **(10 marks)**
- b) Secondary prevention **(10 marks)**
- c) Tertiary prevention **(5marks)**

[25 marks]

QUESTION 3

The development of the infants in pre-schools is rather highly skewed towards the cognitive and physical part. Discuss as to how the services in the pre-schools would improve if psychiatric nurses work with the pre-school teachers.

[25 MARKS]