

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
FINAL EXAMINATION
MAY 2011

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

COURSE CODE: HSC 203

DURATION: 2 HOURS

TOTAL MARKS: 75

INSTRUCTIONS:

- Read instructions carefully**
- Answer all questions**
- There are two (2) sections, A and B**
- There are four (4) printed pages**

DO NOT OPEN THE QUESTION PAPER UNTIL YOU ARE TOLD TO DO SO BY THE INVIGILATOR

Section A (15 Marks): Multiple Choice and Matching

For each question, choose the most appropriate response and write the corresponding letter only, in **capital letters**, e.g. 16 B. Each correct answer carries 1 mark.

1. Psychology entails the scientific study of behavior and cognitive function. What do you understand by “behavior”?
 - a) Anything that is done by any living organism.
 - b) Interpersonal interactions between living organisms.
 - c) Any observable action or reaction by any living organism.
 - d) Human beings’ day-to-day activities

2. The conscious level of mind, according to Sigmund Freud, consists of things that we are _____.
 - a) knowledgeable about
 - b) currently thinking about
 - c) currently looking at
 - d) afraid of

3. The phallic stage of psychosexual development is characterized by _____.
 - a) being attracted to a parent of the opposite sex
 - b) associating with a parent of the same sex
 - c) lack of libido
 - d) a. and b.

4. The following are theories of emotions EXCEPT _____.
 - a) Cannon-Bard theory
 - b) James-Lange theory
 - c) Schachter-Singer Theory
 - d) Drive theory

5. In a clinical assessment a student was so anxious that she could barely hold a syringe because of shaking. This is described as _____.
 - a) phobia
 - b) lack of intelligence
 - c) immaturity
 - d) ignorance

6. An intelligence quotient (IQ) of 100 implies that one _____.
 - a) got 100% in the IQ test
 - b) is extremely intelligent
 - c) has average intelligence expected of his/her age
 - d) a. and b.

7. In Pavlov’s experiments, salivation upon seeing a plate of food demonstrates _____.
 - a) classical conditioning
 - b) operant conditioning
 - c) greedy
 - d) impatience

8. Which of the following is a characteristic of paranoid personality disorder?
- Believing that everyone is deceitful and wants to take advantage of you.
 - Showing or no sign of emotions
 - Changing mood between anger and happiness.
 - None of the above

For questions 9 – 15, match the descriptions in column A with the best describing word or phrase in column B. Write the corresponding letter only, e.g. 16 B.

Column A	Column B
<p>9. Incorporation of new knowledge/information into existing mental knowledge structures (schemas)</p> <p>10. Excessive investment of psychic energy on a specific stage of psychosocial development.</p> <p>11. Internal processes that activate , guide and maintain behavior</p> <p>12. A diffuse concern that something unpleasant will soon occur.</p> <p>13. The ability to understand complex ideas, adapt effect effectively to the environment, learn from experience, engage in various forms of reasoning and overcome obstacles by careful thought.</p> <p>14. A crisis of psychosexual development in which children must give up their sexual attraction for their opposite-sex parents.</p> <p>15. A procedure that decreases or weaken a specific behavior</p>	<p>a) Puberty</p> <p>b) Anxiety</p> <p>c) Assimilation</p> <p>d) Self-actualization</p> <p>e) Libido</p> <p>f) Incentives</p> <p>g) Obsessions</p> <p>h) Intelligence</p> <p>i) Reinforcement</p> <p>j) Motivation</p> <p>k) Oedipus complex</p> <p>l) Punishment</p> <p>m) Accommodation</p> <p>n) Fixation</p> <p>o) Cognitive process</p>

Section B (60 Marks): Short Essay Type Questions

Question 1

- a) A 26 year old married psychiatric patient admitted in a hospital endured several days of sexual starvation. He was often tempted to rape other female patients or nurses who cared for him. One day when all nurses were in a change-of-shift report he finally escaped through the ceiling to go and meet his wife at home.

Explain the behavior and actions of this patient with reference to the id, ego and superego structures of personality. [15]

- b) Describe with the aide of examples how the following factors influences personality:
- i. Environment/Situations [5]
 - ii. Genes [5]

[Subtotal 25 marks]

Question 2

- a) State Erikson's eight (8) stages of psychosocial development which every person undergoes throughout the lifespan. [4]
- b) You are in a neonatal ward, assessing a newborn. Identify and briefly describe any six (6) reflexes that you may notice as indications of normal physical development of the baby. [12]
- c) Identify and describe any 3 theories of motivation. [9]

[Subtotal 25 marks]

Question 3

Part of a nurse's responsibilities is to assist a client to a peaceful death. Outline the five (5) stages identified by Kubler-Rose which clients undergo as they die. [10]

[Subtotal 10 marks]