

UNIVERSITY OF SWAZILAND

FACULTY OF HEALTH SCIENCES

SUPPLEMENTARY EXAMINATION PAPER

COURSE CODE: NUR 405

COURSE TITLE: COMMUNITY HEALTH NURSING 1

TIME ALLOWED: 2 HOURS

MARKS ALLOCATED: 75

INSTRUCTIONS:

- 1). THIS PAPER CONTAINS THREE (3) QUESTIONS.**
- 2). ANSWER ALL QUESTIONS AND EACH ON A SEPARATE SHEET OF PAPER.**

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QUESTION ONE

Betty Neuman developed the health care model as an organizing framework for graduate students to facilitate their understanding of clients' needs within the holistic viewpoint.

- a) What four concepts of nursing metaparadigm did she define? link the four concepts together?.....(4x1= marks)

- b) Describe what the following variables based on the community as a client, include:
 - I. Physiological.....(3x1=3 marks)
 - II. Socio-cultural.....(3x1=3 marks)
 - III. Spiritual..... (3x1= marks)
 - IV. Developmental..... (3x1= marks)

- c) The major nursing goal in Neumann's systems model is to maintain the clients' system in a stable state through accurate assessment of actual and potential stressors followed by implementing appropriate interventions. Briefly describe the three intervention strategies. Three marks will be given for each intervention strategy..... (9x1 marks)

Total Marks..... [25]

QUESTION TWO

You are a Community Health Nurse working at a clinic in a community of your choice. You observe in your statistics records that people are undernourished, particularly children and the elderly in the community.

According to your assessment, one of the major causes that are central to this problem is “**poverty**”.

Discuss the strategies that you would implement as a community health nurse towards minimizing the problem of poverty in the community in order to save the lives of the **0-5 year old children**.

TOTAL..... [25 marks]

QUESTION THREE

In Swaziland to-day, the need for culturally sensitive nursing is obvious particularly with the increased probability of encountering clients from other cultures. Therefore, it is particularly important to consider the clients' cultural background in formulating nursing care to meet her/his needs.

- a) Describe only three principles of cultural assessment that should guide community nurses engaged in the study of another culture.....(3x3= 9 marks)
- b) Explain how a community health nurse becomes knowledgeable about another culture.....(10x1=10 marks)
- c) Name six (6) categories of information required for a thorough cultural assessment. In other words, what will you assess?.....(6x1=6 marks)

Total Marks..... [25]