

**UNIVERSITY OF SWAZILAND**  
**FACULTY OF HEALTH SCIENCES**  
**DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCES**  
**FIRST SEMESTER FINAL EXAMINATION**  
**DECEMBER, 2010**

**COURSE CODE:** NUR 520  
**COURSE TITLE:** COMMUNITY HEALTH NURSING III  
**MARKS ALLOCATED:** 75  
**TIME ALLOCATED:** 2 HOURS  
**FIRST INTERNAL EXAMINER** MRS. S.M. MOTSA  
**SECOND INTERNAL EXAMINER** DR. I.T. ZWANE  
**EXTERNAL EXAMINER**-----

**INSTRUCTIONS:**

1. THIS PAPER CONTAINS A TOTAL OF THREE QUESTIONS.
2. ANSWER ALL THE THREE QUESTIONS
3. READ ALL THE QUESTIONS WITH UNDERSTANDING
4. WRITE LEGIBLY

**DO NOT OPEN THIS QUESTION PAPER UNTIL YOU ARE TOLD TO DO SO  
BY THE CHIEF INVIGILATOR**

### QUESTION 1

The current trend of caring, for chronically ill clients, is that of home-based care where the family as a context is in the forefront of care giving.

- a) Define home-based care. (1)
- b) Discuss four reasons that make people with chronic illnesses opt to be nursed at home. (12)
- c) Mention three specific objectives of providing home-based care to clients with chronic illnesses. (3)
- d) Describe three roles of a community health nurse in home-based care. (6)
- e) Differentiate **family as a context** from **family as a client**. (3)

**TOTAL..... [25 Marks]**

### QUESTION 2

**Read the given passage and answer the questions that follow:**

Zanele and Vusi got married in their second decade of their lives. The couple had planned to have two children only, a boy and a girl, after which Zanele would have a tubal ligation because of her ill health. But God blessed the couple with two girls whose ages are 16 and 10 years. Vusi desired to have a boy but because of Zanele's tubal ligation, the couple could not have any more children. They then decided to adopt a baby boy. This was communicated to the girls who liked the idea of having a brother in the house very much. A very handsome baby boy was adopted into the family. Zanele and Vusi adored the adopted child but the girls seemed not to be impressed with their parents' behaviour. They began to show little interest in their young brother. The 16 year old started sleeping out while the 10 year old started performing poorly at school. The parents became frustrated by the girls' behaviour. Zanele felt much stressed as the girls would not even bother to assist her in caring for the child.

- a) Using Duvall's developmental theory identify the family developmental stage this family is in, giving reasons for your response. (3)

- b) Describe four developmental tasks that the family has to achieve at the developmental stage identified in (a) above. (8)
- c) Describe one health concern that the family at the identified family stage faces. (2)
- d) Describe one factor that you think led to disruption of homeostasis in this family. (2)
- e) State two actual nursing diagnoses that you think prevail in this family. (6)
- f) Describe two roles you would play as a community health nurse in assisting this family re-establish equilibrium. (4)

**TOTAL..... [25]**

**QUESTION 3**

The family is viewed as a social system which exists to fulfil certain purposes.

- a) Define *family* according to Whall. (1)
- b) One of the basic purposes of the family is to meet the needs of the society. Discuss three factors how the family is able to achieve this purpose. (9)
- c) Discuss three reasons why it is important for community health nurses to work with the family. (9)
- d) The ultimate goal of Community Health Nursing is the health of families in the community. Describe three characteristics of a healthy family. (6)

**TOTAL..... [25]**