

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
POST DIPLOMA CERTIFICATE IN COMMUNITY MENTAL
HEALTH II**

SUPPLEMENTARY EXAMINATION PAPER 2012

TITLE OF PAPER: COMMUNITY MENTAL HEALTH 11

COURSE CODE : NUR 322

MARKS ALLOCATION: 75

TIME ALLOCATION : 2 HOURS

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS.
ANSWER ALL QUESTIONS.
DO NOT OPEN THIS PAPER UNTIL
TOLD TO DO SO.**

QUESTION 1

The conditions for mental health professionals seem not to be good in Swaziland. That is why then there is exodus of the professionals for greener pastures. Discuss as to how (a) job dissatisfaction, (b) lack of incentives and (c) Refresher courses contribute to mental health professionals exodus.

(a) Job dissatisfaction (10marks)

(b) Lack of incentives (10marks)

(c) Lack of refresher courses (5 marks)

QUESTION 2

Promotion of mental health through secondary and tertiary prevention is the most difficult thing to do in mental health. This is because it is difficult to cure mental disorders once have set in. Most patient believe at this stage that they have been bewitched. Discuss as to how the (a) belief around bewitchment, (b) Denial of being sick and (c) defaulting medication delay recovery in the management of mental health disorders.

(a) Defaulting medication (10 marks).

(b) Belief around bewitchment (10 marks).

(c) Denial of being sick (5 marks).

QUESTION 3

Primary mental health prevention is the best approach that should be emphasized in mental health. Discuss three primary related strategic issues that you think you can use in promoting mental health of individuals.

[25 marks]