

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
FINAL EXAMINATION
MAY 2012

COURSE TITLE: THEORETICAL BASIS OF NURSING

COURSE CODE: NUR 508

DURATION: 2 HOURS

TOTAL MARKS: 75

INSTRUCTIONS: READ THE INSTRUCTIONS CAREFULLY
ANSWER ALL QUESTIONS
THERE ARE TWO (2) SECTIONS, A AND B
THERE ARE SIX (6) PRINTED PAGES

***DO NOT OPEN THE QUESTION PAPER UNTIL YOU ARE TOLD TO DO
SO BY THE INVIGILATOR***

SECTION A

MULTIPLE CHOICE AND MATCHING QUESTIONS

For each question, choose the most appropriate response and write the corresponding letter only in your answer booklet, in CAPITAL LETTERS, e.g. 26 B. Each correct answer carries 1 mark.

1. Which of the following statements is correct about nursing theories?
 - a) They are often based on assumptions
 - b) They are a product of research
 - c) They can guide research
 - d) All of the above

2. Which of the following nursing theories has an element of self-care?
 - a) Orem's theory
 - b) Erickson, Tomlin and Swain's theory
 - c) Parse's theory
 - d) a. and b.

3. Which of the following is NOT correct about Boykin and Schoenhofer's theory of Nursing as Caring?
 - a) Every human being is caring
 - b) Every human act is caring
 - c) The capacity for human caring grows throughout one's lifespan
 - d) None of the above.

4. According to the theory of Culture Care Diversity and Universality, _____.
 - a) care may occur without cure
 - b) cure and healing cannot occur without care
 - c) care and cure are independent of each other

- d) a. and b.
5. According to Sister Calista Roy in her adaptation model _____.
- a) persons have a mutual relationship with the world and a God figure
 - b) the goal of nursing is to health-educate clients about the importance of adaptation
 - c) every person is caring
 - d) a. and b.
6. Which of the following is correct about Margaret Newman's theory of Health as Expanding Consciousness?
- a) 'Whole' refers to 'health'
 - b) The five-step nursing process is inapplicable
 - c) The concept 'nursing' is not defined
 - d) a. and b.
7. According to Leininger, professional care is defined as _____.
- a) formally taught, learned and transmitted care, health and illness and related knowledge
 - b) actions and activities directed towards assisting and supporting another individual
 - c) a state of well-being that is culturally defined, valued and practised.
 - d) concrete phenomena that are related to assisting and supporting towards human condition
8. In Helen L. Erickson, Evelyn M. Tomlin and Mary A. P. Swain's terms, an individual's ability to mobilize resources that are required to contend with stress is known as: : ____
- a) transcendence
 - b) adaptive potential
 - c) self-care ability
 - d) individuation

For questions 9 – 17, match each of the words or phrases in column A with the corresponding word or phrase in column B which can be used synonymously by some theorists or authors. Note that some words or phrases in column B can be used more than once. Write the corresponding letter only in your answer booklet, e.g. 26 B.

Column A	Column B
9. Paradigm	a) Emic view
10. Metaparadigm	b) Health
11. Outsider's view	c) Etic view
12. Insider's view.	d) Central concepts
13. Generic view	e) Whole
14. Professional view	f) World view
15. Modeling – role modeling	g) Planning and implementing
16. Sum of parts	
17. Becoming	

For questions 18 – 20 below, refer to the text following text:

Nursing theorists often view 'person' as

- a) holistic
- b) wholistic, or
- c) neither wholistic nor holistic

Match the following theorists (**numbers 18 - 20**) with their perception of 'person' from the options **above**. Write the corresponding letter only in your answer booklet.

- 18. Sister Calista Roy
- 19. Helen L. Erickson, Evelyn M. Tomlin & Mary Ann P. Swain
- 20. Ann Boykin & Savina O. Schoenhofer

For questions 16 – 20, match each of the philosophical statements in column A with the corresponding theorist in column B. Write the corresponding letter only, 26 B.

Column A	Column B
21. Making choices enable an individual in some way while limiting in others	a) Margaret A. Newman
22. A person's mind and emotions are windows of the soul	b) Rosemarie R. Parse
23. The human is open, freely choosing meaning in situation, bearing responsibility for their decisions	c) Madeleine M. Leninger
24. Health is both universal and diverse.	d) Josephine G. Paterson & Loretta T. Zderad
25. The focus of nursing is nurturing persons living in caring and growing in caring	e) Jean Watson
	f) Ann Boykin & Savina O. Schoenhofer

(25 Marks)

SECTION B

SHORT ESSAY TYPE QUESTIONS

Answer all questions in your answer booklet. Each valid point carries 1 mark. Figures in brackets represent the number of marks allocated for each question.

Question 1

- a) A 36 year old woman, known to be hypertensive was admitted, for mild left-sided heart failure. Seemingly she has not been adhering to her hypertensive treatment. Her body-mass index (BMI) reflects that she is obese. She is widowed, and hence a bread-winner of two (2) children. She is currently employed as a teacher and now very anxious, not knowing her fate because of her illness and its impact on her job security. She is also feeling guilty that she did not do enough to prevent the heart failure, and now it sounds too late.

Describe and explain your management of this client based on Erickson's theory of Modeling and Role-modeling. Organize your interventions according to **the five aims of intervention** [15]

b) Outline the 10 carative factors on which Jean Watson's nursing theory is based. [10]

Question 2

a) Describe how the following nursing theorists perceive the concept 'person' in their theories.

(i) Margaret Newman [5]

(ii) Rosemarie R. Parse [5]

(iii) Josephine G. Paterson & Loretta T. Zderad [5]

b) Describe the four (4) adaptive modes of Roy's Adaptation model. [10]

(Sub-total - 50 Marks)

TOTAL =75 MARKS