

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
FINAL EXAMINATION PAPER**

SEMESTER ONE

TITLE OF THE COURSE: THEORETICAL BASIS OF NURSING
COURSE CODE: NUR 507
TIME ALLOCATED: 2 HOURS
MARKS ALLOCATED: 75

INSTRUCTIONS:

- 1. ANSWER ALL QUESTION**
- 2. READ EACH QUESTION CAREFULLY.**
- 3. WRITE CLEARLY**
- 4. MARK ALLOCATION IS 1 MARK PER FACT.**

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MULTIPLE CHOICE QUESTIONS FOR 1 -20. For each of the following statements or questions, choose the option that best describes the answer.

Example 1. B

QUESTION 1

1. Which theory or model did Florence Nightingale develop?
 - A. self-care deficit theory
 - B. adaptation theory
 - C. interpersonal relationship in nursing
 - D. environmental model

2. Which concepts did Florence Nightingale use in her theory/model?
 - i. health of houses, ventilation and warming, light, noise, variety, bed and bedding
 - ii. chattering of hopes, social considerations, nutrition and taking food, personal cleanliness.
 - iii. Nurse, nurse-patient relationship, nursing interventions...
 - iv. environment, interaction, individual situation
 - A. i, ii
 - B. ii, iv
 - C. iii
 - D. i, iv

3. Which theorists wrote phases of the nurse patient relationship?
 - i. Florence Nightingale
 - ii. Virginia Henderson
 - iii. Hildegard Peplau, Dorothea Orem
 - iv. Dorothy Johnson
 - A. i, ii
 - B. ii, iv
 - C. iii
 - D. i, iv

4. Which is this theorist whose work was demonstrative in practice with relatively little documentation in the literature
 - A. Callista Roy
 - B. Dorothea Orem
 - C. Ernestine Wiedenback
 - D. Lydia Hall

5. According to Dorothea Orem the concept of practice addresses.
- i. Two perspectives being a person is viewed as moving towards maturation and the second one addresses the structural and functional differentiation within the unity.
 - ii. perceived and received view
 - iii. totality and simultametry paradigm
 - iv. promotion of and maintenance of care

- A. i, ii
B. iii, iv
C. ii
D. iv

6. Partly compensatory nursing system represents a situation whereby:

- A. the nurse role is to promote the client as a self care agency
B. both nurse and client perform care measures
C. patient's requirement for help are confined to decision making
D. self realization and personality development

7. Self-care agency is the human's acquired ability or power to engage in self. It is affected by:

- A. basic conditioning factors
B. therapeutic self care
C. self care
D. self care requisites

8. Which theorist believes at nurses need liberal education, including knowledge of sciences, social sciences and humanities?

- i. Florence Nightingale
- ii. Virginia Henderson
- iii. Dorothy Johnson
- iv. Callista Roy

- A. i,
B. iii, ii
C. i, iv
D. iv

9. Which theorist defines health as an illusive state that is determined by psychological, social, biological and physiological factors?
- i. Dorothy Johnson
 - ii. Dorothea Orem
 - iii. Lydia Hall
 - iv. Hildegard Peplau
- A. ii
 - B. i
 - C. iv, iii
 - D. iv
10. The focus of nursing care in Orlando's theory is:
- i. The efforts to meet the individual's needs for help are out in an interactive situation and in a disciplined manner that requires proper training.
 - ii. an individual human being who is 16 years or older capable of self-care
 - iii. providing an environment that is conducive to self-development
 - iv. the ever- developing environment in continual process with human beings
- A. i
 - B. i, ii
 - C. iv
 - D. iii, iv
11. Orientation according to Hildegard Peplau is when:
- A. the nurse and the client meet as strangers
 - B. the patient responds selectively to people who can make him meet his needs
 - C. the patient takes advantage of all services available
 - D. the patient's needs have already been met by collaborating efforts between the patient and the nurse.
12. The theoristis best known for the 14 components.
- A. Callista Roy
 - B. Henderson
 - C. Hildegard Peplau's theory
 - D. Sympathy Model by Bill

13. Hildegard Peplau defined health as:
- A. a word symbol full of patterns
 - B. a word symbol that implies forward movement of personality and other human processes in the direction of creative, constructive, personal and community living.
 - C. related to human function
 - D. self awareness with conscious selection of behaviours that is optimal for that individual
14. Which theorist defines an environment as all conditions, circumstances and influences that surround and affect the development and behaviour of humans as adaptive system with a particular consideration of persons and earth resources?
- A. Imogene King
 - B. Callista Roy
 - C. Ernestine Wioldernbach
 - D. Martha Rogers
15. Who wrote the theory of science of Unitary Human beings?
- A. Dorothy Johnson
 - B. Virginia Henderson
 - C. Florence Nightingale
 - D. Martha Rogers
16. Which theorist describes human beings as social, sentient, rationale, reacting, perceiving, controlling purposeful, action-oriented and time-oriented?
- A. Florence Nightingale
 - B. Imogene King
 - C. Virginia Henderson
 - D. Hildegard Peplau
17. Which theorist emphasizes individuality and the dynamic nature of the nurse-patient relationship?
- A. Martha Rogers
 - B. Ernestine Wiedernbach
 - C. Dorothy Johnson
 - D. Jean Orlando

18. Which theory did Jean Orlando develop?
- A. environmental model
 - B. nursing process discipline
 - C. adaptation model
 - D. systems Framework and Theory of Goal attainment
19. Which theorist developed behavioural system model?
- A. Dorothea Orem
 - B. Imogene King
 - C. Lydia Hall
 - D. Dorothy Johnson
20. In which years were many nursing theories revised based on the research findings?
- A. 1980's
 - B. 1950's
 - C. 1960's
 - D. 1970's
- [20]

DISCUSSION QUESTIONS

QUESTION 2

- 2.1. Discuss Virginia Henderson's proposed components of basic nursing care and the nursing process. [15]
- 2.2. Discuss the criteria for critiquing a nursing theory [15]

QUESTION 3

- 3.1. Apply Orem's general theory of nursing, the self-care deficit of nursing to contemporary nursing practice. [15]
- 3.2. Compare Peplau's phases in nursing with the phases of the Nursing Process. [10]

TOTAL = 75