

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELR OF NURSING YEAR 5**

FINAL EXAMINATION PAPER 2012

**TITLE OF PAPER: TREATMENT MODALITIES FOR MENTAL
HEALTH PROBLEMS**

COURSE CODE : NUR 554

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS.
ANSWER ALL QUESTIONS.
DO NOT OPEN THIS PAPER UNTIL TOLD
TO DO SO.**

QUESTION 1

Cognition, Behaviour and Affection are important key elements of psychotherapy. These components can be used during psychotherapy process. Discuss the importance of the following concepts in psychotherapy:

- | | |
|---------------|------|
| 1.1 Cognition | (10) |
| 1.2 Behaviour | (10) |
| 1.3 Affection | (5) |

[25 marks]

QUESTION 2

Inferiority feelings as a life style may lead to self-defeating behaviours in individuals. Using the concept of the five parts of an individual discuss the evidence of inferiority complex that may act as stumbling blocks in a psychotherapeutic process.

[25 marks]

QUESTION 3

A client that has gone through psychotherapeutic sessions from a number of psychotherapists may develop a vast experience in psychotherapy. That is the client may develop some experience in the who, how, whom factor. In your understanding discuss the importance of the who, how, whom factor in psychotherapy.

- | | |
|----------------|------|
| a) Who factor | (10) |
| b) How factor | (10) |
| c) Whom factor | (5) |

[25 marks]