

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF GENERAL NURSING SCIENCE
SUPPLEMENTARY PAPER
JULY 2014

Course Code	GNS 319
Course Title	Sexual and Reproductive Health
Duration	Two (2) hours
Total Marks	Seventy-five (75)

Instructions:

- 1 Answer ALL three questions.
- 2 Handwriting MUST be legible.
- 3 Figures in brackets represent marks allocated per question, or a part thereof.

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CHIEF INVIGILATOR**

Question 1*Situation*

According to the Ministry of Health (2008) 95% of all paediatric HIV infection is associated with pregnant women who are HIV positive. As a result, the programme known as PMTCT was introduced and now an integral component of of antenatal care and services rendered to all pregnant women in Swaziland.

- 1.1 Describe any three ways through which HIV infection may be transmitted from mother to child. (6)
- 1.2 Define the term 'exposed infant'. (2)
- 1.3 Describe the two recommended feeding options of an HIV exposed infant. (4)
- 1.4 Describe the type of information with which you would empower a group of pregnant HIV positive women with regards to the following areas:
 - 1.4.1 sexual intimacy during pregnancy (2)
 - 1.4.2 personal hygiene (2)
 - 1.4.3 exercise (2)
 - 1.4.4 nutrition (2)
 - 1.4.5 determining of the infant's HIV status (2)
- 1.5 List the first three prongs/strategies of the PMTCT programme. (3)

[25 points]**Question 2***Situation*

Family violence is a universal phenomenon, Swaziland included. Some form of family violence is reported daily in local media such as the Times of Swaziland and Swazi Observer.

- 2.1 Define the term child abuse. (3)
- 2.2 Discuss any four rights of the child. (8)
- 2.3 Describe any three psychological effects of abuse on the child aged 0 – 5 years old (6)
- 2.4 Describe any four strategies you would carry out to help eliminate family violence your community. (8)

[25 points]

Question 3

Situation

Khetsiwe is 26 years old and the dates of her LMP were 27th through 31st March 2014. She was using the male condom to prevent unwanted pregnancy. She informs you that after delivery she wishes to use combined oral contraception.

- 3.1 Describe any two reasons why she wishes to combined oral contraception post delivery. (4)
- 3.2 Calculate her EDD. (2)
- 3.3 In which trimester is her pregnancy? (1)
- 3.4 Define the term family planning. (3)
- 3.5 Give an outline of combined oral contraception under the following sub headings:
 - 3.5.1 Mode of action of combined oral contraception(3)
 - 3.5.2 Four points on timing for initiating a client on combined oral contraception (4)
 - 3.5.3 For non contraceptive benefits of oral combined contraception (4)
 - 3.5.4 Eight usage instructions on oral combined contraception. (4)

[25 points]