

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES**

SUPPLIMENTARY EXAMINATION PAPER JULY 2014

TITLE : COMMUNITY MENTAL HEALTH NURSING III

COURSE : NUR 323

DURATION : TWO (2) HOURS

MARKS : 75

- INSTRUCTIONS:**
- 1. ANSWER ALL QUESTIONS**
 - 2. EACH QUESTION CARRIES 25 MARKS**
 - 3. NO PAPER SHOULD BE BROUGHT INTO NOR OUT OF THE EXAMINATION ROOM**
 - 4. BEGIN EACH QUESTION ON A SEPARATE SHEET OF PAPER**

DO NOT OPEN THIS QUESTION PAPER UNTIL PERMISSION IS GRANTED BY THE INVIGILATOR

Question 1

- a) Differentiate between mental health and mental illness using the following subheadings
- i. Definition of mental health (1 mark)
 - ii. Characteristics of mental health (3 marks—half mark each correct characteristic)
 - iii. Definition of mental illness (1 mark)
 - iv. Characteristics of mental illness (3 marks—half mark each correct characteristic)
- b) Differentiate between functional and dysfunctional family (8 marks)
- c) Discuss the admission process at the National Psychiatric centre under the following subheadings
- i. Voluntary admission (3 marks)
 - ii. Involuntary admission (6 marks)

TOTAL = 25

Question 2

In your training you have noted that a proportion of patients discharged from the hospital for follow-up through community mental health services do not utilize the service, ending up readmitted for hospitalization. Further assessment of the causes reveals that the service has been unreliable for some time such that patients no longer attend. Design a proposal to address this issue.

- a) What approach are you going to use and why? (5 marks)
- b) Discuss the steps you are going to follow. (20 marks)

TOTAL = 25

Question 3

Dorothea Orem is one of the most celebrated nurse theorists, she crafted the Theory of Self Care Deficit.

- a) State and discuss the components of her theory (15 marks)
- b) What are the assumptions of Orem's theory (10 marks)

TOTAL = 25