

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE
FIRST SEMESTER FINAL EXAMINATION
NOVEMBER, 2013**

COURSE TITLE:	COMMUNITY HEALTH NURSING III
COURSE CODE:	NUR 520
MARKS ALLOCATED:	75
TIME ALLOWED:	2 HOURS

INSTRUCTIONS:

- 1. The paper has a total number of three (3) questions**
- 2. Read the questions clearly with understanding**
- 3. Answer all the questions**
- 4. Write legibly**

Please do not open this question paper until you are told to do so by the invigilator

QUESTION 1

The systems theory views the family as a social system

- a) Describe five reasons why the family is viewed as a social system. (10)
- b) State four assumptions of the systems theory perspective which are applied to the family system. (4)
- c) Describe two strengths of the systems theory. (4)
- d) Name four concepts that are included when discussing the family system theory. (4)
- e) Mention three reasons why it is important to work with families in the community. (3)

TOTAL..... [25]

QUESTION 2

The family is viewed as a basic institution for socialising individual family members. Due to changes occurring in the family structure, this family function seems to have been disturbed.

- a) Discuss how the following have disturbed the family of this basic and important function:
 - i) Child-headed family
 - ii) Single-parenthood (6)
- b) One of the components of family structure is its belief system. Discuss how the family belief system may negatively influence family health. (3)

c) *Read the given passage and then answer the questions that follow:*

Sizakele Dlodlu, a divorcee who decided to remarry, was given custody of her two school going children of ages 7 and 8 years. Their father Mandla, who also remarried, cares for the children as part of the couple's joint custody agreement which Mandla usually violets by forgetting to come for the children at every month end and this infuriates Sizakele. Sizakele's new husband never had children of his own in his previous marriage, but was happy to be married to a woman who already

had children. They both expected that the marriage and family life together would be smooth. However, Sizakele's children appear very strained when relating to their new father and they seem to resent the marriage. Sizakele is living with hypertension and is on treatment for that. When her new husband disciplines the children for misbehaving, Sizakele yells at him and tells him that disciplining the children is her responsibility as she is the children's biological parent. When Sizakele asks for financial assistance from her new husband when the former has not provided for the children, he becomes agitated and when she decides to take the children to their biological father as they agreed on joint custody, the new husband does not appear happy.

- i. Identify the family form given in the above passage (1)
 - ii. From the children's perspective what other family form are they in? Motivate your response (2)
 - iii. Mention seven (7) primary issues that this family is facing (7)
 - iv. Bearing in mind that Sizakele is hypertensive yet she is faced with the issues described in (iii) above, discuss two (2) points of supportive counselling to help the family adapt positively to the prevailing situation (6)
- TOTAL..... [25]**

QUESTION 3

By working with families in the community, the community health nurses aim at promoting the health of all families.

- a) Mention five characteristics of a healthy family (5)
- b) Describe how the following may negatively influence family health (8)
 - i) Family size
 - ii) Family communication patterns
 - iii) Family decision making power hierarchy
 - iv) Family roles
- c) During your practical experience you have visited families living with clients with chronic illnesses in the Elangeni area. During this time the family was viewed

as a context, as a sum of its members, as family subsystem as a client and family as a client. Discuss your understanding of each of the concepts that follow:

- i) Family as a context
- ii) Family as a sum of its members
- iii) Family subsystem as a client
- iv) Family as a client (12)

TOTAL..... [25]