

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
SEMESTER I
SUPPLEMENTARY EXAMINATION
JULY, 2014

COURSE TITLE:	COMMUNITY HEALTH NURSING III
COURSE CODE:	NUR 520
TIME ALLOWED:	2 HOURS
MARKS ALLOCATED:	75

INSTRUCTIONS:

- 1. Read the instructions and questions carefully and with understanding**
- 2. Answer all questions correctly**
- 3. Write legibly**

Do not open this question paper until you are told to do so by the invigilator

Question 1

One of the most important aspects of Community Health Nursing is the emphasis placed on the family as a basic unit of care.

- A. Describe the two basic purposes of the family [4]
- B. Discuss four reasons why community health nurses have to work with families in order to improve the health status of the community [12]
- C. Considering the emerging varied family forms that prevail today, Community Health Nurses cannot legally define the concept "family". Give the definition of the concept "family" that suits the current situation [1]
- D. Describe four characteristics of a healthy family [8]

Total = 25 Marks

Question 2

The society today is made up of varied family forms.

- A. Mention four of these family forms and three reasons, each, that have led to their existence [12]
- B. Describe a binuclear family [2]
- C. The high rate of paternity denial has resulted to a dramatic growth in stepparent families when the parents of the denied children get married to somebody else. Describe three sources of stress in stepparent families [6]
- D. In Community Health Nursing, the family can be viewed as a context as well as the client. Differentiate between the two concepts [4]
- E. Define the concept "family as a component of society" [1]

Total = 25 Marks

Question 3

To be able to work with individual family members in the context of their family, the Community Health Nurse has to view the family as a social system.

- A. Describe three characteristics of a family as a social system [6]
- B. For a family to be able to perform all its functions, it ought to have a defined structure. Mention three (3) components of the family structure [3]

- C. Discuss how the family's size may negatively influence family health [3]
D. Read the passage with understanding and answer the questions that follow.

Nomzamo is participating in a support group for parents with adolescents. Nomzamo and Tony her husband are both in their late 50s. They have a total number of four (4) children. The first child, who is about to get married, is 26 years of age and a male. The second is a 19 year old male child, followed by a 14 year old very active and mischievous boy and lastly a 6 weeks old girl. Nomzamo and her husband are stressed by two things. Firstly, by their son who is marrying a girl from a different religious background and, secondly, by their adolescent boy of 14 years who has teamed up with a gang of hooligans. Their 19 year old boy is leaving home for studies in a very far University.

- i. Identify the developmental stage of this family and state your rationale of the identified stage [2]
- ii. Mention four (4) developmental tasks that the family needs to accomplish in the developmental stage mentioned in (i) above [4]
- iii. Identify three role conflicts that exist in the family in (i) above [3]
- iv. Mention four (4) recommendations that you would make to the family to assist them in leaving harmoniously with all their children [4]

Total = 25 Marks