

**UNIVERSITY OF SWAZILAND**  
**FACULTY OF HEALTH SCIENCES**  
**FINAL EXAMINATION PAPER MAY 2014**

**TITLE: MENTAL HEALTH PROBLEMS AND SOCIETY II**

**COURSE: NUR 553**

**DURATION: TWO (2) HOURS**

**MARKS: 75**

- INSTRUCTIONS:**
- 1. ANSWER ALL QUESTIONS**
  - 2. EACH QUESTION CARRIES 25 MARKS**

**THIS PAPER IS NOT TO BE OPENED UNTIL PERMISSION HAS BEEN GIVEN BY THE INVIGILATOR**

**Question 1.**

**Multiple Choice Questions.** Select the option that best responds to each of the following questions. Indicate your answer by writing the letter next to the corresponding question number in your answer booklet e.g. 87 = r (1 mark per question).

1. The viral enzyme that facilitates the assembling of translated HIV viral polypeptides into viral particles before the particles bud out of a host cell is
  - a) Integrase
  - b) Reverse transcriptase
  - c) gp120 and gp41
  - d) Protease
  
2. Protective factors against child physical abuse do NOT include which of the following
  - a) Corporal punishment
  - b) Household rules
  - c) Child monitoring
  - d) Extended family support
  
3. When a mental health nurse needs to use an interpreter when communicating with asylum seekers, best practice suggests that
  - a) It is important to spend a few minutes with the interpreter before and after the session viewing issues pertinent to the consultation
  - b) It is helpful to use the same interpreter for all meetings whenever possible
  - c) The interpreter should not be allowed to speak other than to interpret what is said
  - d) It is necessary to discuss every aspect of the case with the interpreter
  
4. Without intervention, 13 % to 35% of pregnant HIV positive women will pass the infection to their babies. This transmission occurs
  - a) In utero
  - b) During birth
  - c) Through breast milk
  - d) All of the above
  
5. The following is NOT true about poverty and childhood psychiatric disorders
  - a) Poverty is associated with deficits in children's cognitive skills and educational achievements
  - b) Disruptive behaviours are most marked in children of families facing persistent economic stress
  - c) The relationship between poverty and childhood disorder seems more marked for boys than for girls
  - d) Children in poorest households are three times more likely to have mental illness than children in the richest households

6. Arrange the words given below in a meaningful sequence

1. Poverty    2. Population.    3. Death    4. Unemployment    5. Disease

- a) 2, 3, 4, 5, 1
- b) 3, 4, 2, 5, 1
- c) 2, 4, 1, 5, 3
- d) 1, 2, 3, 4, 5

7. Unemployment means that

- a) At the going wage rate, there are people who want to work but cannot find work
- b) There is excess demand in the labour market
- c) People are not willing to work at the going wage rate
- d) There are some people who will not work at the going wage rate

8. Arrange the words in a meaningful sequence

1. Income    2. Status    3. Education    4. Well-being    5. Job

- a) 3, 1, 5, 2, 4
- b) 1, 2, 5, 3, 4
- c) 1, 3, 2, 5, 4
- d) 3, 5, 1, 2, 4

9. A person who flees his/her country to escape war, natural disaster or political persecution is described as a(n)

- a) Immigrant
- b) Migrant
- c) Refugee
- d) Alien

10. The following are exemplars of slow-onset disasters EXCEPT

- a) Droughts
- b) Famine
- c) Earthquakes
- d) Environmental degradation

11. All of the following are forms of emotional abuse EXCEPT

- a) A child may be bullied through verbal assaults and threats creating a feeling of fear and anxiety
- b) A child is isolated and deprived of normal human contact or nurturing
- c) Parents simply ignore the child, showing indifference to the child's needs
- d) A parent or caregiver may encourage destructive or antisocial behavior

12. Measures that may help prevent elder abuse will NOT include
- Keeping in touch with old friends or neighbours even if the older person moves
  - Living with someone who has a history of violent behavior
  - Participating in community activities by the elder
  - Increasing the network of friends for the older adult
13. Activities by a caregiver that represent a violation of an older persons rights include the following EXCEPT
- Caregiver withholds or reads the elder's mail.
  - Caregiver has removed all doors from older adult's rooms.
  - Repeated "unexplained" injuries
  - Caregiver intentionally obstructs older person's religious observances
14. Which of the following statements is NOT true?
- Violence against women does not occur in all socioeconomic groups
  - Women are most at risk of violence from men they know
  - Family violence is at least as dangerous as assaults committed by strangers
  - Violence within intimate relationships tends to escalate over time
15. The following generalization regarding domestic violence is accurate
- Violence within intimate relationships tends to escalate over time
  - Women are most at risk of violence from men who are strangers to them
  - Violence against women is evident only within lower socioeconomic groups
  - Emotional and psychological abuse is always less debilitating than physical abuse
16. Which of these is LEAST likely to be among the effects of domestic violence on children?
- Immaturity in peer relationships
  - Limited tolerance for frustration
  - Uncertainty about appropriate behavior
  - Special insight into the dynamics of violence
17. Which form of abuse is occurring when an abuser buys himself a luxury car while refusing to allow his wife and children to receive needed medical or dental care?
- Intimidation
  - Isolation
  - Blaming
  - Neglect
18. Which of these most accurately describes behavior in which an abuser refuses to allow a partner to get or keep a job?
- Social abuse
  - Manipulation
  - Financial abuse
  - Emotional abuse

19. Which of these are most likely to be among the effects of domestic violence?
- a) Victims accepting blame for their abuse
  - b) Abusers accepting blame for their abuse
  - c) Abusers changing jobs to increase family income
  - d) Victims finding work to establish economic independence
20. People who have been forced to flee their homes but have not left their country are called
- a) Internationally displaced persons
  - b) Internally displaced persons
  - c) Non-displaced persons
  - d) Stateless persons
21. Which statement best describes the basis for failure to produce a vaccine against HIV/
- a) HIV is a highly mutable virus
  - b) HIV integrates its genome into the host DNA, hence protected from the immune system
  - c) HIV is not killed by humoral response, cellular immunity is also required
  - d) All of the above
22. Which of the following best describes the role of Reverse Transcriptase?
- a) For the synthesis of RNA from genomic RNA
  - b) For the synthesis of DNA from genomic DNA
  - c) For the synthesis of DNA from genomic RNA
  - d) For the synthesis of mRNA from host DNA
23. Best treatment for HIV infection is
- a) Highly active antiretroviral therapy (HAART)
  - b) Integrase inhibitors
  - c) Protease inhibitors
  - d) Reverse transcriptase inhibitors
24. Natural earth processes or phenomena that may cause the loss of life or injury, property damage, social and economic disruption or environmental degradation best describe
- a) Disasters
  - b) Geological hazard
  - c) Technological hazard
  - d) All of the above
25. The feminization of poverty refers to the fact that
- a) Female headed households make up a large proportion of the poor
  - b) Women are more likely to apply for cash assistance than males
  - c) More girls than boys are born into poor families
  - d) Welfare benefits are higher among male-headed households than female-headed households

**TOTAL = 25**

**Question 2**

As a mental health nurse, you have been asked by the Swaziland Action group Against Abuse (SWAGAA) to make a presentation on domestic violence to a group of young men, mainly soccer players. Discuss the information you would highlight regarding tactics by which domestic violence is carried out and its impacts on the victim. (25)

**TOTAL = 25**

**Question 3**

Write self explanatory notes on

- a) Mental health impacts of child abuse. (7)
- b) How low socioeconomic status impacts a child's educational achievement. (8)
- c) Impacts of a drought disaster on affected communities. (10)

**TOTAL = 25**