

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
GENERAL NURSING DEPARTMENT
SUPPLEMENTARY EXAMINATION PAPER, JULY 2015

COURSE CODE: HSC 207

COURSE TITLE: HEALTH PROMOTION

TIME ALLOWED: 2 HOURS

MARKS: 75

INSTRUCTIONS:

There are 3 questions in this paper

Answer all three questions

Each question is allocated 25 marks

Write legibly

**THIS PAPER IS NOT TO BE OPENED UNTIL THE INVIGILATOR HAS
GRANTED PERMISSION**

Question 1

Health education is a key component of health promotion.

Discuss the four aims of health education. (20 marks)

Describe the components of communication (5 marks)

Question 2

Discuss the Stages of Change Theory (Trans-theoretical/Spiral) Model and illustrate its use in health education among high risk group (young people) to HIV infection.

(25 marks)

Question 3

Health promotion requires health care workers to assess health needs, to plan, implement and evaluate health promotion interventions.

a) State three reasons for planning in health promotion (3 marks)

b) Mention five reasons for evaluation in health promotion (10 marks)

c) Describe four principles of evaluation (12 marks)