

**UNIVERSITY OF SWAZILAND**  
**FACULTY OF HEALTH SCIENCES**  
**BACHELOR OF NURSING SCIENCE YEAR 4**

**FINAL EXAMINATION PAPER 2015**

**TITLE OF PAPER** : Normal Psychological Development 11  
**COURSE CODE** : NUR 453  
**TIME ALLOWED** : 2 HOURS  
**MARKS ALLOCATION** : 75  
**INSTRUCTIONS** : THIS PAPER CONSISTS OF THREE  
QUESTIONS.  
: ANSWER ALL QUESTIONS

**DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.**

### QUESTION 1

The establishment of neighbourhood care points (NCPs) where orphans and vulnerable children are taken care of by care givers is a very important initiative for normal psychological development for various societies in Swaziland. It is here where the children are supposed to come and present their everyday life problems and also to get something to eat. Children are supposed to be cared for in a holistic manner involving all the essential organs of personality. However, this seem not to be happening in the NCPs. Children go there just for food, which, in most cases is also often not enough for every child. Discuss three stumbling blocks that retard the holistic provision of mental Health promotion services in the NCPs.

- 1. Stumbling block (10 marks)
- 11 Stumbling block (10 marks)
- 111. Stumbling block (5 marks)

[25 marks]

### QUESTION 2

What do you think are some of the solutions in question 1 that can help to improve the provision of holistic mental health care for children in NCPs in Swaziland? Discuss three of them and label them 1. 11. and 111.

- 1. Solution (10 marks)
- 11. Solution (10 marks)
- 111. Solution (5 marks)

[25 marks]

### QUESTION 3

Suicide cases are increasing among the youth in Swaziland. Children that have both parents have been reported to have killed themselves either through taking poisonous substances or hanging by the rope. Many parents are worried about this because they do not know who could be next and why. In your own opinion, discuss three possible causes of suicide among children who are not orphans. Label these causes a, b and c respectively. The (a) and (b) causes are 10 marks each and cause (c) 5 marks.

[25 marks]