

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
MAIN EXAMINATION
MAY 2015**

COURSE TITLE: THEORETICAL BASIS OF NURSING II

COURSE CODE: NUR 508

DURATION: 2 HOURS

TOTAL MARKS: 75

INSTRUCTIONS:

- 1. Read the instructions carefully**
- 2. Answer all questions**
- 3. There are seven (7) printed pages**

***DO NOT OPEN THE QUESTION PAPER UNTIL YOU ARE TOLD TO
DO SO BY THE INVIGILATOR !!***

QUESTION 1 Multiple Choice and Matching

For each question, choose the most appropriate response and write the corresponding letter only in your answer booklet, in **capital letters**, e.g. 26 B. Each correct answer carries 1 mark.

1. According to Parse which principle means that people live in rhythm with the universe?
 - a) Structuring meaning
 - b) Cotranscending
 - c) Originating
 - d) Cocreation

2. Which nursing theorist describes 10 'carative' factors as the core of nursing?
 - a) Jean Watson
 - b) Sister Calista Roy
 - c) Rosemarie R. Parse
 - d) Madeleine M. Leininger

3. Research or evidenced-based statements which form the basis of a theory are also known as:
 - a) Models
 - b) Beliefs
 - c) Assumptions
 - d) Paradigms

4. Based on Parse's theory of Human Becoming, which of the following is correct about a nurse's perception of a human being? She/He is _____.
 - a) Made up of biological, psychological, social and spiritual components
 - b) Equal to sum of the parts
 - c) More than, and different from, sum of the parts
 - d) A continuously evolving being

5. A nurse started by making an assessment of a client's perception of his own illness. In Helen L. Erickson, Evelyn M. Tomlin and Mary A. P. Swain's terms, the nurse was _____.
 - a) Modeling
 - b) Role-modeling
 - c) Affiliated-individuating
 - d) Assessing.

6. "Caring is the essence and central unifying, a dominant domain that distinguishes nursing from other health disciplines. Care is an essential human need". Which theorist(s) proposed this statement?
 - a) Zderad and Paterson
 - b) Jean Watson
 - c) Madeleine Leininger
 - d) Rizzo Parse

7. Whose theory postulates that caring is healing, it is communicated through the consciousness of the nurse to the individual being cared for. It allows access to higher human spirit.
- Watson
 - Leininger
 - Erickson and Tomlin
 - Orem
8. According to the modeling and role-modeling theory, _____.
- nursing interventions are similar for all clients
 - the aims of nursing interventions are similar for all clients
 - the nurse is responsible for assisting the client to perform self-care activities as deemed necessary
- i only
 - i and ii only
 - ii and iii only
 - i, ii and iii
9. Parse views a person and the environment as inseparable, and evolving together. Which of the following expressions is used to illustrate this relationship?
- Human becoming
 - Man-Living-Health
 - Unitary beings
 - Human universe
10. What best describes nurses as care providers?
- Provide direct nursing care
 - Help client recognize and cope with a psychological situation
 - Determine client's need
 - Work collaboratively with other health care team members involved in the client care.
11. Who among these theorists proposed the Health Care System Model?
- Neuman
 - Henderson
 - Parse
 - Orem
12. Who among the following theorists proposed the Grand Theory Of Nursing As Caring?
- Erickson, Tomlin, Swain
 - Paterson, Zderad
 - Orem
 - Boykin and Schoenhofer

13. A nurse was able to diagnose and treat meningitis based on the clinical manifestation and blood tests results. Leininger categorizes this under _____ care.
- Emic
 - Etic
 - Holistic
 - Wholistic
14. According to theorist, Wellness is a condition in which all parts and subparts of an individual are in harmony with the whole system.
- Orem
 - Henderson
 - Parse
 - Neuman
15. According to which theorist is Caring defined as a nurturant way of responding to a valued client towards whom the nurse feels a sense of commitment and responsibility?
- Leininger
 - Watson
 - Nightingale
 - Roy
16. According to Jean Watson's theory of transpersonal caring, the ability to care for others is dependent upon _____.
- one's ability to care for self
 - the cooperation of the recipient of the care
 - availability of resources
 - knowledge of the scientific bases of diseases and illness
17. Which nursing function does the "Sunrise Enabler" enhance?
- Client assessment
 - Evaluation
 - Client advocacy
 - Care implementation
18. Which nursing theorist describes 10 'carative' factors as the core of nursing?
- Jean Watson
 - Sister Calista Roy
 - Rosemarie R. Parse
 - Madeleine M. Leininger
19. In the theory of Humanistic Nursing by Josephine G. Paterson and Loretta T. Zderad, which of the following terms is/are used to refer to 'person'?
- Man, nurse and nursed
 - Person, health care provider and patient
 - Human beings

- d) Nurse and clients
20. Watson's carative factors include all the following, EXCEPT:
- a) Forming humanistic-altruistic value system
 - b) Instilling faith-hope
 - c) Cultivating sensitivity to self and others
 - d) Strengthening flexible lines of defense
21. The "Sunrise Model" of nursing was developed by:
- a) Joyce Travelbee
 - b) Rosemarie Rizzo Parse
 - c) Madeleine Leininger
 - d) Ida Jean Orlando
 - e)
22. The nurse has a very caring and loving spirit, but is incompetent in many nursing skills. How would this situation be interpreted using Watson's theory?
- a) Incompetent practice cannot be perceived as caring in any situation.
 - b) High-level competency is the same as caring.
 - c) Caring is nice, but competence is essential.
 - d) As long as the nurse is caring, competence is not essential.
23. Which of the following is not considered when evaluating a theory?
- a) Significance
 - b) Empirical adequacy
 - c) Parsimony
 - d) Number of concepts
24. Which theorist was mainly influenced by Martha Rogers' theory of Unitary Beings?
- a) Dorothea Orem
 - b) Margaret Newman
 - c) Jean Watson
 - d) Rosemarie Parse
25. In theory development the process of developing specific predictions from general principles is referred to as:
- a) Inductive reasoning
 - b) Deductive reasoning
 - c) Critical thinking
 - d) Synergy
26. Human Becoming Theory was developed by:
- a) Lydia E. Hall
 - b) Neuman
 - c) Orem
 - d) Rosemary Parse

27. Which of the following has no connection with Leininger?
- a) Developed the concept of culture - sensitive care
 - b) Developed nursing systems of care
 - c) Was born in New York, 1924
 - d) Developed the Adaptation model
28. Meaning, Rhythmicity, Cotranscendence are the three major concepts of:
- a) Transcultural Nursing Theory
 - b) Unitary Human Being Theory
 - c) Self-care Deficit Theory
 - d) Human Becoming Theory
29. "*All persons are caring by virtue of their humanness*". This idea is entrenched in whose nursing theory?
- a) Leininger
 - b) Parse
 - c) Boykin and Schoenhofer
 - d) Erickson and Tomlin
30. According to Neuman, a process of energy conservation that increases organization and complexity, moving the system toward stability or a higher degree of wellness is termed:
- a) Entropy
 - b) Negentropy
 - c) Reconstitution
 - d) Stability

[30 Marks]

QUESTION 2 SHORT QUESTIONS

- 2.1 Differentiate between normal line of defence and flexible line of defence as mentioned by Neuman. (3)
- 2.2 Explain the role of primary prevention according to the Neuman System model. (3)
- 2.3 Describe the component of phenomenological dialogue according Humanistic nursing as explained by Paterson and Zderad. (6)
- 2.4 Discuss your beliefs about the importance culture in your nursing practice. Why do you think that nursing needs a theory focused on culture? (8)

[20 Marks]

QUESTION 3

SCENARIO

The Maseko family had been living in Mcozini in the Manzini region for sometime. Mrs Maseko is 75 years of age and lost her husband 3 years ago to the complications of diabetes mellitus. She is also diabetic and partially blind. Mrs Maseko frequently mentions that she doesn't know what she is living for now as her partner has gone. She states that she doesn't want to be a burden to anyone so she doesn't even take her medication as she states sees no use for it. She has lost weight as she states that she has no appetite. Previously Mrs Maseko took particular care about her appearance, but now she can't be bothered about her cleanliness. Her son and family thought it best to let her move in with them in Mbabane where they are working, as they were concerned about her safety and quality of life.

The following questions relate to this scenario.

- 3.1 According to Jean Watson what five basic premises are related to 'person' in her caring model? (5)
- 3.2 Apply the nursing interventions to Mrs Maseko using the ten caritas processes as described in the Theory of Transpersonal Caring (20)

GRAND TOTAL = 75 MARKS