

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELR OF NURSING YEAR 5 HEALTH**

FINAL EXAMINATION PAPER 2014

**TITLE OF PAPER: TREATMENT AND MANAGEMENT
MODALITIES FOR MENTAL
HEALTH PROBLEMS 1.**

COURSE CODE : NUR 554

MARKS ALLOCATION: 75

TIME ALOCATION : 2 HOURS

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS.
ANSWER ALL QUESTIONS.**

**DO NOT OPEN THIS PAPER UNTIL TOLD
TO DO SO.**

QUESTION 1

Inferiority feelings as a life style may lead to self-defeating behaviours in individuals. Using the concept of the essential aspects of personality discuss the pieces of evidence of inferiority complex becoming stumbling blocks in a psychotherapeutic process.

[25 marks]

QUESTION 2

Cognition, Behaviour and Affection are important key elements of psychotherapy. These components can be used during psychotherapy process. Discuss the importance of the following concepts in psychotherapy:

2.1 Cognition (10 marks)

2.2 Behaviour (10 marks)

2.3 Affection (5 marks)

[25 marks]

QUESTION 3

The five parts of an individual are essential entities during psychotherapeutic interventions. Discuss how a therapist can utilize the physical, psychosocial and spiritual during psychotherapy.

3.1 Physical (10 marks).

3.2 Psychosocial. (10 marks).

3.3 Spiritual. (5marks).

[25 marks]