

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELOR OF NURSING SCIENCE YEAR 5**

FINAL EXAMINATION PAPER 2015

**TITLE OF PAPER : TREATMENT AND MANAGEMENT
MODALITIES FOR MENTAL HEALTH
PROBLEMS 11**

COURSE CODE : NUR 555

TIME ALLOCATION : 2 HOURS

MARKS ALLOCATION : 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS. ANSWER ALL
QUESTIONS.**

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

Inferiority feelings as a life style may lead to self-defeating behaviours in individuals. Using the concept of the five parts of an individual discuss the evidence of inferiority complex that may act as stumbling blocks in a psychotherapeutic process.

[25 marks]

QUESTION 2

Cognition, Behaviour and Affection are important key elements of psychotherapy. These components can be used during psychotherapy process. Discuss the importance of the following concepts in psychotherapy:

- | | |
|---------------|------|
| 1.1 Cognition | (10) |
| 1.2 Behaviour | (10) |
| 1.3 Affection | (5) |

[25 marks]

QUESTION 3

The five parts of an individual are essential entities during psychotherapeutic interventions. Discuss as to how a therapist can utilize the physical, psychosocial and spiritual during psychotherapy.

- | | |
|-----------------|-----------|
| a) Physical | (10marks) |
| b) Psychosocial | (10marks) |
| c) Spiritual | (5marks) |

[25 marks]