

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF GENERAL NURSING SCIENCE**

FINAL EXAMINATION PAPER 2015

TITLE OF PAPER: PRIMARY MENTAL HEALTH NURSING

COURSE CODE : CMH 403

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS. ANSWER ALL QUESTIONS**

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QUESTION 1

There seems to be a number of mental health problems that cause some setbacks in the promotion of mental health in Swaziland. Discuss the impacts /influence of the following factors on the promotion of mental health of children in Swaziland:

- 1.1. Lack of mental health policy (10 marks).
- 1.2. Lack of family guidance (10 marks).
- 1.3. Stigma attached to mental illness (5marks).

[25 marks]

QUESTION 2

Mental health professionals can play a major role in strengthening mental health services. How would the following factors influence the improvement of mental health services?

- 2.1. Proper education (10 marks).
- 2.2. Advocacy (10 marks)
- 2.2. Commitment to quality mental health services rendering (5 marks).

[25 marks]

QUESTION 3

Sport related activities more especially football tends to attract a lot of spectators. This means therefore that sports activities can be used to spread information about HIV and AIDS prevention and control. Some of the measures that can be utilized to maximize information dissemination on HIV and AIDS are (a) reduction of drug use or abuse in sports (b) instillation of responsibility and accountability among football players (c) close monitoring of sports activities among the youth players. Discuss how the measures as stated bellow can contribute to the spread of HIV and AIDS in Swaziland.

- 3.1 Reduction of drug abuse in sports (10 marks).
- 3.2 Instillation of responsibility and accountability among football players. (10marks).
- 3.3 Close monitoring of sports activities among youth players (5marks).

[25 marks]