

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES

SUPPLEMENTARY EXAMINATION PAPER JULY 2016

TITLE : INTRODUCTION TO MENTAL HEALTH/PSYCHIATRIC NURSING

COURSE : CMH307

DURATION : TWO (2) HOURS

MARKS : 75

- INSTRUCTIONS:**
- 1. ANSWER ALL QUESTIONS**
 - 2. EACH QUESTION CARRIES MARKS AS INDICATED IN AT THE END OF EACH QUESTION**
 - 3. TOTAL MARKS FOR THE EXAMINATION ARE 75**
 - 3. NO PAPER SHOULD BE BROUGHT INTO NOR OUT OF THE EXAMINATION ROOM**
 - 4. BEGIN EACH QUESTION ON A SEPARATE SHEET OF PAPER**

DO NOT OPEN THIS QUESTION PAPER UNTIL PERMISSION IS GRANTED BY THE INVIGILATOR



Question 1

- a) What is a mental status examination? (2)
- b) When conducting a mental status examination, what type of information should you record in the following:
 - i) Chief complaint (2)
 - ii) Thought process (form) (1)
 - iii) Thought content (2)
 - iv) Insight (4)
 - v) Perception (3)
- c) Define the following terms you may likely use when describing a patient's mental status (1 mark each)
 - i) Circumlocution
 - ii) Mutism
 - iii) Flight of ideas
 - iv) Neologisms
 - v) Obsession
 - vi) Affect
 - vii) Insight
 - viii) Confabulation
 - ix) Tangentiality
 - x) Orientation
 - xi) Illusion

Total = 25

Question 2

Manwele, a 33-year old man is brought to the OPD by his mother and police. They report that Manwele has not slept for 5 nights but keeps guard over a community stand pipe chasing people who come to fetch water telling them that he owns the borehole. On examination Manwele is restless and keeps pacing up and down the OPD shouting loudly that he owns the borehole and the police have taken him to the hospital so that someone can steal his water. One moment he laughs at the police and quickly shouts in an angry tone at his mother. He is dressed in a yellow shirt, red trousers and pink shoes. This is the first time that the illness has attacked Manwele.

- a) What is the probable condition Manwele is suffering from? Use the DSM V criteria to justify your answer. (15)
- b) What psychotropic medications would be appropriate for Manwele's condition and why? (3)
- c) What nursing implications are there for the use of the drugs mentioned in (b) above? (7)

Total = 25

Question 3

- a) Outline the areas you need to cover when conducting an assessment of a patient with a mental disorder or psychiatric condition. (5)
- b) Compare characteristics of mental health vis-à-vis characteristics of mental illness. (20)

Total = 25

