

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF GENERAL NURSING SCIENCE**

SUPPLEMENTARY EXAMINATION PAPER 2016

**TITLE OF PAPER: THEORETICAL DEVELOPMENT OF MENTAL
HEALTH NURSING**

COURSE CODE : CMH 401

MARKS ALLOCATION: 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF THREE
QUESTIONS.
ANSWER ALL QUESTIONS.**

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QUESTION 1

During child growth and development, assimilation and accommodation play a very important role in influencing the development of the different parts of the child. Discuss how assimilation contributes to psychological growth and development of the cognitive, psychosocial and emotional parts of the individual.

- a) Cognitive (10 marks)
- b) Psychosocial (10 marks)
- c) Emotional (5 marks)

QUESTION 2

Certain factors can cause impairment of child growth and development among young individuals. Discuss how the following bellow can cause poor normal psychological growth and development in children.

- a) Negative accommodation (10 marks)
- b) Poor personal interaction (10 marks)
- c) Spiritual development (5 marks)

QUESTION 3

Normal psychological growth and development can be severely affected by certain factors during pregnancy and post-delivery. Discuss how violence and poor nutrition during pregnancy as well as lack of good caring during infancy can affect psychological growth and development of a foetus and an infant.

- a) Violence during pregnancy (10 marks)
- b) Poor nutrition during pregnancy (10 marks)
- c) Lack of good caring during infancy (5 marks)

