

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF MIDWIFERY SCIENCE
SUPPLEMENTARY EXAMINATION: JULY 2016

COURSE TITLE: NORMAL PUERPERIUM AND POSTNATAL CARE

COURSE CODE: MID 403

TIME ALLOCATED: 2 HOURS

MARKS ALLOCATED: 75

INSTRUCTIONS:

1. PLEASE ANSWER ALL QUESTIONS
2. USE THE PROVIDED ANSWER BOOKLET FOR ALL YOUR ANSWERS
3. START ALL QUESTIONS IN A NEW PAGE
4. USE BULLETS TO LIST EACH POINT IN YOUR ANSWERS (DO NOT INVENT YOUR OWN NUMBERING)
5. CHECK THAT YOUR QUESTION PAPER HAS 3 PRINTED PAGES
6. DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR

Question 1

Sonto is a new mother who has just given birth in the last 24 hours. Describe the information you would offer to her on the expected physiological changes her reproductive organs may undergo during the normal puerperium, under the following headings:

- a) Uterus [8]
- b) Placental site and endometrium [4]
- c) Cervix [4]
- d) Vulva and perineum [6]
- e) Breast changes and establishment of lactation [3]

[Total: 25 marks]

Question 2

- a) Discuss the care you would render to a woman and her baby in the immediate postpartum (in the first hour after delivery). [16]
- b) State four (4) ways in which you can promote mother-baby bonding in your unit [4]
- c) List 10 general danger signs in the neonate that mothers should be aware of and report to the clinic if they occur? [5]

[Total: 25 marks]



Question 3

After graduation, you are deployed at the Pigg's Peak child-welfare clinic. On your first day, you examine a woman who has come for her 7 days postnatal visit. During palpation, you notice that the uterus is at the level of the umbilicus. You also notice a foul-smelling, bloody discharge from the vaginal introitus. On observation, you also notice that the baby is not attaching properly on the breast.

- a) Based on your assessment, explain what is wrong with this client? [2]
- b) State the causes of the condition noted in a) above [8]
- c) Otherwise, what would have been the correct finding from the assessment had the woman not had the condition mentioned in a) above? [1]
- d) State two complications which can rise if the condition in a) is not corrected? [2]
- e) Explain to the client the signs that would inform her that the baby is not suckling well? [7]
- f) Discuss the nutritional advice would you offer to any woman during the puerperium? [5]

[Total: 25 marks]

