

**FACULTY OF HEALTH SCIENCES**

**GENERAL NURSING**

**FINAL EXAMINATION, DECEMBER 2015**

**COURSE TITLE** : **THEORETICAL BASIS OF NURSING I**  
**COURSE CODE** : **NUR 507**  
**TIME** : **2 HOURS**  
**TOTAL MARKS** : **75**

**Number of pages including cover page : 6**

**INSTRUCTIONS:**

- 1. ANSWER ALL YOUR QUESTIONS ON THE PROVIDED ANSWER BOOKLET.**
- 2. QUESTION 1 IS MULTIPLE CHOICE AND HAS 25 QUESTIONS.**
- 3. QUESTIONS 2 and 3 ARE SHORT AND LONG ESSAY TYPE QUESTIONS AND CARRY 25 MARKS EACH.**
- 4. EACH CORRECT POINT/FACT/STATEMENT IS WORTH ½ MARK UNLESS INDICATED OTHERWISE ON THE QUESTION.**
- 5. START EACH QUESTION ON A NEW PAGE**

***DO NOT OPEN THE QUESTION PAPER UNTIL THE INVIGILATOR HAS GRANTED PERMISSION !!!***

QUESTION 1 - MULTIPLE CHOICE - Choose the letter that corresponds with the most correct answer. Write only the letter in your answer book, e.g 1. B

1. According to which theorist is a human being viewed as a holistic adaptive system?
  - a. Martha Rogers
  - b. Dorothea Orem
  - c. Callista Roy
  - d. Florence Nightingale
2. Florence Nightingale was born in
  - a. Italy
  - b. France
  - c. Britain
  - d. Germany
3. The four major concepts in nursing theory are the:
  - a. Person, Environment, Nurse, Health
  - b. Nurse, Person, Environment, Cure
  - c. Promotive, Preventive, Curative, Rehabilitative
  - d. Person, Environment, Nursing, Health
4. Who, among these theorists stated that health is wellness?
  - a. King
  - b. Orem
  - c. Rogers
  - d. Nightingale
5. Which of these forms the unique characteristic of nursing as a profession?
  - a. Education
  - b. Theory
  - c. Caring
  - d. Autonomy
6. Self-care deficit theory was proposed by:
  - a. Virginia Henderson
  - b. Betty Neuman
  - c. Imogene King
  - d. Dorothea Orem
7. Who defined the first theory of nursing?
  - a. Orem
  - b. Rogers
  - c. King
  - d. Nightingale
8. Who postulated the holistic concept that the totality is greater than the sum of its parts?
  - a. Rogers
  - b. Roy
  - c. Henderson
  - d. Hall

9. Who of these theorized that man is composed of sub and suprasystems where the subsystems are cells, tissues and organs. Suprasystems are family society and community?
- Peplau
  - Rogers
  - Henderson
  - Roy
10. In which country did Nightingale train in nursing?
- US
  - Germany
  - France
  - Egypt
11. In a theory, a statement of a relationship between concepts is called?
- Linkage
  - Hypothesis
  - Proposition
  - Construct
12. Typology of twenty one Nursing problems were explained by:
- Imogene King
  - Virginia Henderson
  - Faye G. Abedallah
  - Lydia E. Hall
13. Nursing as a therapeutic interpersonal process was stated by:
- Hildegard Peplau
  - Jean Watson
  - Lydia Hall
  - Martha Rogers
14. In which theory, model or conceptual framework is this assumption stated? "Each human being perceives the world as a total person in making transactions with individuals and things in the environment".
- Orem's self-care model
  - Imogene King's conceptual framework
  - Nightingale's theory
  - Hall's care, core and cure model
15. Which of these refers to a theory of knowledge which emphasizes the role of experience based on perceptual observation by the senses?
- Empiricism
  - Rationalism
  - Constructivism
  - Logicalism
16. Which of the following is NOT a concept related to Roy's Adaptation Model?
- Focal Stimuli
  - Cognator Subsystem
  - Role function
  - Flexible line of defense

17. Which of these terms are defined in Rogers' theory as "continuous and mutual interaction between man and environment"?
- Pattern
  - Integrality
  - Resonancy
  - Helicy
18. What is the personal state in which a person feels unhealthy?
- Illness
  - Disease
  - Health
  - Wellness
19. Which of the following is NOT an attribute of a professional?
- Concerned with quantity
  - Self directed
  - Committed to spirit of inquiry
  - Independent
20. For her, Nursing is a theoretical system of knowledge that prescribes a process of analysis and action related to care of the ill person
- King
  - Henderson
  - Roy
  - Leininger
21. A paradigm refers to
- A model that explains the linkages of science, philosophy, and theory accepted and applied by the discipline
  - Ideas and mental images that help to describe phenomena
  - Statements that describe concepts
  - Aspect of reality that can be consciously sensed or experienced.
22. What best describes the nurses' first action as care providers?
- Determine client's need
  - Give prescribed medication
  - Help client recognize and cope with stressful psychological situation
  - Work in combined effort with all those involved in client care

23. Who introduced the NATURE OF NURSING MODEL?
- Henderson
  - Nightingale
  - Hall
  - Orlando
24. Which of the following is NOT a concept related to Nightingale theory?
- "Poor or difficult environments led to poor health and disease".
  - "Environment could be altered to improve conditions so that the natural laws would allow healing to occur".
  - The goal of nursing is "to put the patient in the best condition for nature to act upon him".
  - "Human beings are open systems in constant interaction with the environment ".
25. According to Rogers, the focus of nursing is:
- Persons with elevated stress levels requiring intervention
  - Clients with self-care deficits
  - Unitary human beings and their environment
  - Health and a holistic view of human beings.

[25 Marks]

QUESTION 2

- 2.1 State any five questions usually asked when critiquing nursing theory. (5)
- 2.2 Describe the concept of 'nursing' according to Henderson's theory . (6)
- 2.3 Discuss each of Henderson's 14 components of basic nursing care (14)

[25 Marks]

QUESTION 3

- 3.1 Explain the three circles explained in Lydia Hall's theory. (10)
- 3.2 Describe the metaparadigm concepts presented in Martha Rogers' theory of Unitary Human Beings. (15)

[25 Marks]