UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
MAIN EXAMINATION
MAY 2016

COURSE TITLE: THEORETICAL BASIS OF NURSING II

COURSE CODE: NUR 508

DURATION: 2 HOURS

TOTAL MARKS: 75

Number of pages including cover :   6

INSTRUCTIONS: 1. Read the instructions carefully

2. Answer all questions

3. There are seven (7) printed pages

DO NOT OPEN THE QUESTION PAPER UNTIL YOU ARE TOLD TO DO SO BY THE INVIGILATOR!!

QUESTION 1   Multiple Choice and Matching

For each question, choose the most appropriate response and write the corresponding letter only in your answer booklet, in **capital letters**, e.g. 26 B. Each correct answer carries 1 mark.

1. According to Parse which principle means that people live in rhythm with the universe?
   a. Structuring meaning
   b. Cotrascending
   c. Originating
   d. Cocreation

2. Which nursing theorist developed transcultural nursing theory ?
   a. Jean Watson
   b. Sister Calista Roy
   c. Rosemarie R. Parse
   d. Madeleine M. Leininger

3. Which of the following examples demonstrates an awareness of cultural care diversity?
   a. A nurse appreciates an opportunity to work in a nursing home with clients who share his religious faith.
   b. A nurse recognizes that certain nonverbal cues, such as a grimace, have universal meaning across cultures.
   c. A nurse perceives that a young Mozambican client feels differently about birth control options than the client's mother feels.
   d. A nurse understands that being healthy is the goal of all clients, regardless of their cultural differences.

4. Research or evidenced-based statements which form the basis of a theory are also known as:
   a. Models
   b. Beliefs
   c. Assumptions
   d. Paradigms

5. Which of the following qualities is essential for successful cultural care accommodation?
   a. Technical competence
   b. Creativity
   c. Persuasiveness
   d. Inflexibility

6. Cocreation
   a. Involves how much we want to share about ourselves with others.
   b. Is about choices, connections, and letting go.
   c. Can occur with words or symbols.
   d. Is how a person confirms his or her beliefs.

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7. Becoming is:
   a. Human evolving.
   b. Originating.
   c. Relating value priorities.
   d. Based on normal paradoxes.

8. Which of the following is true about a nursing theory?
   a. It usually fits one category only.
   b. It is only valid if the theorist has the support of major nursing organizations.
   c. Theories that lack specificity are only useful to scholars.
   d. The category in which it fits depends on how it is interpreted.

9. According to the author of a theory, which is the best definition of nursing theory?
   a. An attempt to explain patterns and relationships found in nursing phenomena
   b. A definitive explanation of what nurses really do
   c. Reasons why the public should value nursing as both a profession and a vocation
   d. A way to differentiate nurses from other health care professionals

10. A nurse started by making an assessment of a client's perception of his own illness. In Helen L. Erickson, Evelyn M. Tomlin and Mary A. P. Swain's terms, the nurse was

    _____.
    a. Modeling
    b. Role-modeling
    c. Affiliated-individuating
    d. Assessing.

11. "Curing and healing cannot effectively occur without care but caring can occur without cure" Whose theory proposes this statement?
    a. Zderad and Paterson
    b. Jean Watson
    c. Madeleine Leininger
    d. Rizzo Parse

12. Whose theory postulates that caring is healing, it is communicated through the consciousness of the nurse to the individual being cared for. It allows access to higher human spirit.
    a. Watson
    b. Leininger
    c. Erickson and Tomlin
    d. Orem

13. According to the modeling and role-modeling theory,
_____.
i.   nursing interventions are similar for all clients
ii. the aims of nursing interventions are similar for all clients
iii. the nurse is responsible for assisting the client to perform self-care activities as deemed necessary
    a.   i only
    b.   i and ii only
    c.   ii and iii only
    d.   i, ii and iii

14. A traditional birth attendant advises a new mother to express milk into the baby's eyes to prevent or treat eye infection. This is an example of an expression of:
a.   Emic care
b.   Professional care
c.   Scientific care
d.   Etic care

15. What best describes nurses as care providers?
a.   Provide direct nursing care
b.   Help client recognize and cope with a psychological situation
c.   Determine client's need
d.   Work collaboratively with other health care team members involved in the client care.

16. Who among these theorists proposed the Health Care System Model?
a.   Neuman
b.   Henderson
c.   Parse
d.   Orem

17. Who among the following theorists proposed the "Health as Expanding Consciousness" theory
a.   Erickson, Tomlin, Swain
b.   Paterson, Zderad
c.   Orem
d.   Newman

18. According to her, Wellness is a condition in which all parts and subparts of an individual are in harmony with the whole system.
a.   Orem
b.   Henderson
c.   Parse
d.   Neuman

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19. Based on Parse's theory of Human Becoming, which of the following is correct about a nurse's perception of a human being? She/He is

_____.

a. Made up of biological, psychological, social and spiritual components
b. Equal to sum of the parts
c. More than, and different from, sum of the parts
d. A continuously evolving being

20. According to her/them, Caring is defined as a nurturant way of responding to a valued client towards whom the nurse feels a sense of commitment and responsibility.

a. Leininger
b. Watson
c. Nightingale
d. Roy

21. According to Jean Watson's theory of transpersonal caring, the ability to care for others is dependent upon _____.

a. one's ability to care for self
b. the cooperation of the recipient of the care
c. availability of resources
d. knowledge of the scientific bases of diseases and illness

22. Which nursing function does the "Sunrise Enabler' enhance?

a. Client assessment
b. Evaluation
c. Client advocacy
d. Care implementation

23. Which nursing theorist describes 10 'carative' factors as the core of nursing?

a. Jean Watson
b. Sister Calista Roy
c. Rosemarie R. Parse
d. Madeleine M. Leininger

24. In the theory of Humanistic Nursing by Josephine G. Paterson and Loretta T. Zderad, which of the following terms is/are used to refer to 'person'

a. Man, nurse and nursed
b. Person, health care provider and patient
c. Human beings
d. Nurse and clients

25. Watson's carative factors include all the following, EXCEPT:

a. Forming humanistic-altruistic value system
b. Instilling faith-hope
c. Cultivating sensitivity to self and others
d. Strengthening flexible lines of defense

QUESTION 2

2.1 For questions 1 – 5 below, refer to the following text:

Nursing theorists often have some distinct commonalities on the development of their theories. Each of the theorists below (numbers 21 - 25) has an element of:

a) Personal and/or family experience
b) Work related experiences
c) An academic exercise

Pair each of the nursing theorists **below** with the corresponding influences on their theory development out of those listed **above**. Write the corresponding letter only e.g. 26 B

1. Madeleine Leininger
2. Boykin and Schoenhofer
3. Parse Rosemarie
4. Margaret A. Newman
5. Erickson and Swain   [Marks: 5]

2.2   Short Essay Type Questions

There are fundamental differences in ways of being (ontology), knowing (epistemology)   and doing (praxis) within the traditional versus the human science paradigm, according to Watson's theory.
Using a table, contrast these paradigms according to the following criteria

a) Ontology   (4)
b) Epistemology   (2)
c) Methodology   (2)
d) Praxis   (2)   **[Marks:10]**

2.3 A nurse is interested in carrying out research of influences on care expressions within a cultural context. Based on the Leininger's Sunrise Enabler identify the seven factors which could form the nurse's conceptual framework. Give appropriate examples.   [15 marks]

2.4 Guidelines for clinical practice based on the Neuman's Systems Model have been proposed by Freese, Neuman and Fawcett (2002). Explain any five of these guidelines as mentioned by George (latest version).

                                                          [10 Marks]

2.5 Explain the following concepts as explained by various theorists.   **[10 Marks]**

a. Stressors as explained in the NSM.   (3)
b. Culture care universality as explained by Leininger. (2)
c. Modeling as explained by Erickson, Tomlin and Swain   (3)
d. Caring moment as explained by Jean Watson.   (2)

GRAND TOTAL = 75 MARKS