

**UNIVERSITY OF SWAZILAND**

**FACULTY OF HEALTH SCIENCES**

**DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE**

**(FIRST SEMESTER)**

**FINAL EXAMINATION PAPER**

**DECEMBER, 2015**

**COURSE CODE: NUR 520**

**COURSE TITLE: COMMUNITY HEALTH NURSING III**

**TIME ALLOWED: 2 HOURS**

**MARKS ALLOCATED: 75**

**INSTRUCTIONS:**

- 1) THIS PAPER CONTAINS THREE QUESTIONS**
- 2) ANSWER ALL THE THREE QUESTIONS**
- 3) ALL THE QUESTIONS CARRY THE SAME MARKS (25)**
- 4) READ THE QUESTIONS WITH A CLEAR UNDERSTANDING**
- 5) WRITE LEGIBLY**

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### Question 1

**Family relations in Community Health Nursing are an area of concern.**

- i. Describe three ways you, as a Community Health Nurse (CHN), would use to assess family relationships within the family. (6)
- ii. Cohabitation is one of the family forms that are currently on the increase. Describe cohabitation under the following:
  - a. Definition (1)
  - b. Three reasons why some couples decide to cohabit. (6)
- iii. Childlessness is a situation where a family couple may be without children either by choice or naturally. Describe two reasons that may make the couple choose not to have children. (4)
- iv. A family, regardless of its form, is structured and is made up of six structural components. Mention the six family structural components. (3)
- v. Mention five reasons why community health nurses have to work with families. (5)

**Total = 25 Marks**

### Question 2

**The family is a structured basic unit in the society whose health may be influenced by a variety of things.**

- i. Describe how the following may adversely influence family health:
  - a. Family size
  - b. Family belief system
  - c. Family communication patterns
  - d. Family roles (8)
- ii. Family functions are outcomes/consequences of the family structure. Mention five family functions that you know and describe how each of the functions promotes family health. (15)
- iii. Decision making as one of the family structural components has five features, mention four features of a decision making process. (2)

**Total = 25 Marks**

### Question 3

**Read the given passage with a clear understanding and answer the questions that follow:**

A. The Menaba family is composed of both parents who are employed, three boy children, with the first born about to get married and an 80 year widowed old lady who is Mr Menaba's mother. The old lady, Mr Menaba's mother, suffers from a chronic condition which has rendered her helpless. Mr Menaba together with his wife and his two working sisters have re-arranged their work schedules in order to help with Mrs Menaba senior's home-based care. Due to the overwhelming and exhausting caring situation, Mr and Mrs Menaba arranged with Hospice at Home nurses to assist in caring for their aged mother while they continued with their jobs. This was communicated to Mrs Menaba senior who liked the idea very much. Her care involves bathing, feeding and pushing her around on her wheel chair to allow her some fresh air. Mrs Menaba senior rejected the neighbours' suggestion that she should be taken to traditional healers for the ailment, as it was witchcraft associated. Her children were happy with their mother's reaction of refusing traditional treatment and respected her decision to be taken care of by Hospice at Home Health workers. With the assistance from Hospice at Home health care workers, Mr and Mrs Menaba were able to prepare for their son's marriage.

- i. Describe two family coping strategies that are prominent in the above passage explaining how they are evidenced. (6)
- ii. Identify two cultural values that are present in the passage stating how they are evidenced. (4)
- iii. Utilising Orem's self-care model, identify the nursing care system the Menaba's have employed in ensuring that Menaba senior's self-care needs are met. Motivate your response. (2)
- iv. Mention the family developmental stage this family is at and state why you think it is at the developmental stage you have mentioned. (2)

B. In community health nursing, the family is viewed as a social system consisting of individual family units which constitute a healthy family unit.

- i. Describe three characteristics of a healthy family. (6)
- ii. Define a social system. (1)
- iii. Describe any two characteristics of a social system (4)

**Total = 25 Marks**