

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
MAIN EXAMINATION FIRST SEMESTER**

DECEMBER 2016

COURSE TITLE: COMMUNITY HEALTH NURSING I

COURSE CODE: NUR 405

MARKS ALLOWED: 75

TIME ALLOWED: 2 HOURS

INSTRUCTIONS:

- 1) THIS PAPER CONTAINS 3 QUESTIONS: ANSWER ALL.**
- 2) READ THE INSTRUCTIONS AND QUESTIONS CAREFULLY.**
- 3) EACH QUESTION HAS A WEIGHT OF 25 MARKS.**
- 4) WRITE NEATLY AND LEGIBLY.**

**DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION IS GRANTED BY
THE INVIGILATOR.**

QUESTION 1

1.1 The Primary Health Care principles include ensuring that services are made accessible to people where they are. As Community Health Nurses we are ideally placed to deliver those services at Primary level. Describe two (2) activities that you would perform at your level in implementing each of the following Policy's directives to ensure delivery of quality health services at primary level. [6 marks]

- (a) National Health Policy
- (b) National Pharmaceutical Policy
- (c) National Health Research Policy

1.2 Discuss the function of the Public Health Act in relation to prevention of spread of communicable diseases [4 marks]

1.3 In the community that you are attached to for your Community Health Nursing assignment you were assigned to use the PRECEDE-PROCEED Model of health promotion to guide you. Use the Model to discuss activities you performed in the first three (3) phases. (5 marks each phase) [15 marks]

TOTAL 25 MARKS

QUESTION 2

2.1 Ethical decision making is a hallmark of our practice as Community Health Nurses, however we do not all make same decisions in similar situations. Our decisions are guided by our personal values hence the need for individual value clarification. Discuss the concept of 'value clarification'. [3 marks]

2.2. Name two (2) values that you would require as a Community Health Nurse working with various population groups. [2 marks]

2.3 Select an aggregate of your choice that is affected by a health problem in the community you are attached to. Identify five (5) health determinants that you would assess for in that aggregate, discuss the importance of assessing for each determinant. [20 marks]

TOTAL 25 MARKS

QUESTION 3

Read the scenario below and answer the questions that follow.

3.1 In the last two decades Swaziland has experienced a shift from mainly agricultural economy to industrial economy. This resulted in migration of the able bodied (younger) population leaving the communities to seek employment in the industrial areas. Discuss how this has resulted in a change in the socio-economic structure and health outcomes thereof?

[5 marks]

3.2 Nurse Bhila is requested by his Manager to do a Health Education session for a group of men who work at Firm D in the Industrial area. Describe what he would assess for with regards to the following factors in preparation for the session?

[10 marks]

- (a) Biophysical
- (b) Psychological
- (c) Physical environment
- (d) Sociocultural
- (e) Behavioural

3.3 Health care delivery in the Community is achieved through a team approach. Health care teams include professionals and non-professionals working together to deliver quality health care services to clients. Describe five (5) characteristics of a competent team. (10 marks)

TOTAL 25 MARKS