

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
GENERAL NURSING DEPARTMENT
FINAL EXAMINATION, DECEMBER, 2016

COURSE TITLE: ADVANCED MEDICAL-SURGICAL NURSING 1

COURSE CODE: NUR430

TOTAL EXAMINATION DURATION: 2 HOURS

TOTAL MARKS: 75

INSTRUCTIONS:

1. Answer all questions on the provided answer sheet
2. Each correct point is given $\frac{1}{2}$ and the rational and explanation another $\frac{1}{2}$, that makes it 1 point.
3. All questions are compulsory
4. Do not open the Question Paper until the Invigilator (s) tell (s) you to do so

QUESTION ONE

You are posted to work at Mpaka Refugee Camp. When you come there you find that there are so many nations with different cultures.

- a) How would you go about developing culturally competent care? (10)
- b) Discuss at least five cultural factors that affect health and health care delivery in Swaziland (10)

QUESTION TWO

Pain is a multidimensional experience which causes major problems and suffering resulting into reduced quality of life.

- a) Describe the mechanism of pain (8)
- b) There are drugs that are effective but they are under the category of 'DRUG ALERT'
 - i) State those classes of drugs and give examples of each (6)
 - ii) Discuss as to how they come about to be under DRUG ALERT (6)

QUESTION THREE

A burn occurs when there is injury to the tissues of the body caused by heat, chemicals, electric current or radiation and even changes in extreme temperatures like frost bites. In the case of Mrs Luthuli a 74 year elderly lady the burns were caused by heat from a boiling kettle, she mistakenly hooked the kettle cord and boiling water spilled on her. She sustained third degree burns both on her thighs. She came into your ward and now you have to render care through developing the management protocol utilizing Activities of Living to guide and specify areas of concentration for the care.

- a) Describe what you understand by the management protocol (5)
- b) Explain how you will utilize the Activities of Living addressing Mrs Luthuli's condition (10)
- c) Discuss the intervention you would carry out considering that she is an elderly patient and taking into account the rehabilitation principles for a burned patient (20)