

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF COMMUNITY HEALTH NURSING SCIENCE
FINAL EXAMINATION: MAY 2017

COURSE TITLE: Normal Psychological Development 11

COURSE CODE: NUR 453

TIME ALLOCATED: 2 HOURS

TOTAL MARKS ALLOCATED: 75

INSTRUCTIONS:

- 1. PLEASE WRITE LEGIBLE**
- 2. PLEASE ANSWER ALL QUESTIONS**
- 3. USE THE PROVIDED ANSWER BOOKLET FOR ALL YOUR ANSWERS**
- 4. START A NEW QUESTION IN A NEW PAGE**
- 5. MAKE SURE THAT ALL YOUR ANSWERS ARE NUMBERED CORRECTLY**

DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR OR HIS/HER REPRESENTATIVE

QUESTION 1

In order to achieve the standard of the definition of Primary Mental Health care, mental health services in Swaziland should be accessible, comprehensive, appropriate, affordable integration of mental health services.

Discuss the issues of comprehensive mental health care under the following headings:

- (a) accessible,
- (b) comprehensive,
- (c) appropriate,
- (d) Affordable
- (e) Integration of mental health services.

(25 marks)

QUESTION 2

- (i) Discuss five (5) mechanisms of protecting mental health (10)

- (ii) With the use of examples discuss the three categories of Primary Prevention
 - (a) Universal prevention
 - (b) Selective prevention
 - (c) Indicated prevention (10)

- (iii) In your observation discuss why mental health disorders should be cared for at primary level (5)

(25 marks)

QUESTION 3

- (i) Normal psychological development of school going children is affected by the fact that mental health professionals are not deployed in schools when employed. Discuss how the following would minimize the mental health problems in schools
 - (a) Training of teachers on mental health
 - (b) Training of children on mental health
 - (c) Provision of counsellors in schools (15)

- (ii) Discuss how the following stumbling blocks affecting normal psychological growth and development of individuals
 - (a) Deployment of mental health nurses at the Psychiatric hospital only
 - (b) Lack of school mental health programme (10)

(25 marks)