

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELOR OF NURSING SCIENCE YEAR 5**

FINAL EXAMINATION PAPER 2017

**TITLE OF PAPER : TREATMENT AND
MANAGEMENT
MODALITIES FOR MENTAL
HEALTH PROBLEMS II**

**COURSE CODE : NUR 555
TIME ALLOCATION : 2 HOURS**

MARKS ALLOCATION : 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF
THREE QUESTIONS. ANSWER
ALL QUESTION.**

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

The non-deployment of qualified psychiatric nurses to institutions taking care of children causes set-backs in the provision of quality mental health services for children in Swaziland. This practice may greatly compromise efforts to promote mental health of children in schools and organisations. As a result children are faced with serious mental health problems that could destroy them and make the young people useless future citizens of the country. Discuss three solutions that can help to minimize or totally eradicate this situation. Label these solutions (a), (b) and (c).

- 1) 10 marks for solution (A).
- 2) 10 marks for solution (B).
- 3) 5 marks for solution (C)

[25 marks]

QUESTION 2

The care givers who are caring for orphans may not be adequately trained in mental health promotion. They may handle the orphans without knowing them who they are. Discuss why care givers who are caring for orphans should be enhanced in mental health promotion, counselling and normal psychological growth and in children.

- a) Positive psychological growth and development of children **(10 marks).**
- b) Counselling in children/orphans **(10 marks).**
- c) Mental health promotion of orphans **(5 marks).**

[25 marks]

QUESTION 3

The accomplishment of educational excellence, social confidence and self assertiveness are essential for individuals in successful prevention and control of HIV and AIDS. Discuss clearly how educational excellence, social confidence and self assertiveness can help in the prevention and control of HIV and AIDS among individuals.

- a) Educational excellence. **(10 marks).**
- b) Social confidence. **(10 marks).**
- c) Self assertiveness. **(5marks).**

[25 marks]