

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
GENERAL NURSING SCIENCE DEPARTMENT

RE-SIT EXAMINATION

JUNE 2018

COURSE NAME: INTRODUCTION TO COUNSELING

COURSE CODE: GNS 210

TOTAL MARKS: 75

ALLOCATED TIME: 2 HOURS

TOTAL NUMBER OF PAGES INCLUDING COVER PAGE: 2

INSTRUCTIONS:

- ANSWER ALL QUESTIONS
- EACH QUESTION CARRIES 25 MARKS
- ANSWER EACH QUESTION ON A NEW PAGE
- WRITE CLEARLY

DO NOT OPEN THE PAPER UNTIL INSTRUCTED BY THE INVIGILATOR

QUESTION 1 (Total= 25 marks)

- 1.1 Describe phatic communication, and how it can negatively affect the counseling relationship? (5).
- 1.2 Compare and contrast the psychodynamic and the gestalt theories of counseling focusing on the:
- 1.2.1 Major principles, (4)
 - 1.2.2 Therapy process, (8)
 - 1.2.3 Requisite Therapist's Behavior (6)
 - 1.2.4 Limitations of the theory in counseling. (2)

QUESTION 2 (Total= 25 marks)

- 2.1 Draw the algorithm for HIV testing to obtain the accurate results (9)
- 2.2 Explain how self awareness can be cultivated making reference to the various forms of knowing about self (12)
- 2.3 Explain how the Swazi culture can influence counseling (4)

QUESTION 3 (Total = 25)

- 3.1 Discuss the five Guiding Principles for HTC (HIV Testing and Counseling) as adopted by the Kingdom of Swaziland. (15)
- 3.2 Explain the ethical principles that should be observed by the nurse during counseling.(10)

GOOD LUCK!!!