

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
GENERAL NURSING SCIENCE DEPARTMENT
RE-SIT EXAMINATION
JULY 2018

COURSE NAME: SEXUAL AND REPRODUCTIVE HEALTH
COURSE CODE: GNS 319
TOTAL MARKS: 75
DURATION OF PAPER: 2 HOURS

INSTRUCTIONS:

- ANSWER ALL QUESTIONS
- EACH FACT IS WORTH 1 MARK
- WRITE LEGIBLY

DO NOT OPEN THE PAPER UNTIL INSTRUCTED BY THE INVIGILATOR.

Answer all the questions, select the most appropriate response and write the corresponding letter against question number. e.g. 1. D

QUESTION 1.

(Total = 25)

- 1) One of the following statements is **not true** about Peyronie's disease:
 - A. It is characterized by a severe bend in the shape of the penis
 - B. It can lead to dyspareunia
 - C. Can result in a low sperm count
 - D. Can lead to infertility

- 2) Which of the following statements is **not true** of anorgasmia?
 - A. It is only normal in females
 - B. It is related to delayed ejaculation in males
 - C. It is classified as a psychiatric disorder in males
 - D. A & C

- 3) The treatment for cryptorchidism is:
 - A. TURP
 - B. Orchiectomy
 - C. Manipulation under anaesthesia (MUA)
 - D. Orchiopexy

- 4) Norigynon is an example of:
 - A. Combined Injectable Contraceptive
 - B. Combined Oral Contraceptive
 - C. Progesterone Only Injectable
 - D. Progesterone Only Pill

- 5) One of these statements is **not true** about Jadelle:
 - A. Effective 24 hours after insertion
 - B. Protects against iron deficiency anaemia
 - C. Consists of 2 silastic capsules containing ethyl estradiol 75mg
 - D. Risk of pregnancy increases after a year of insertion

- 6) According to the MEC (WHO, 2015) Ovral is contraindicated on women who are/have:
 - A. Obese
 - B. Sickle cell Anaemia
 - C. PID
 - D. Breastfeeding and < 6 weeks postpartum

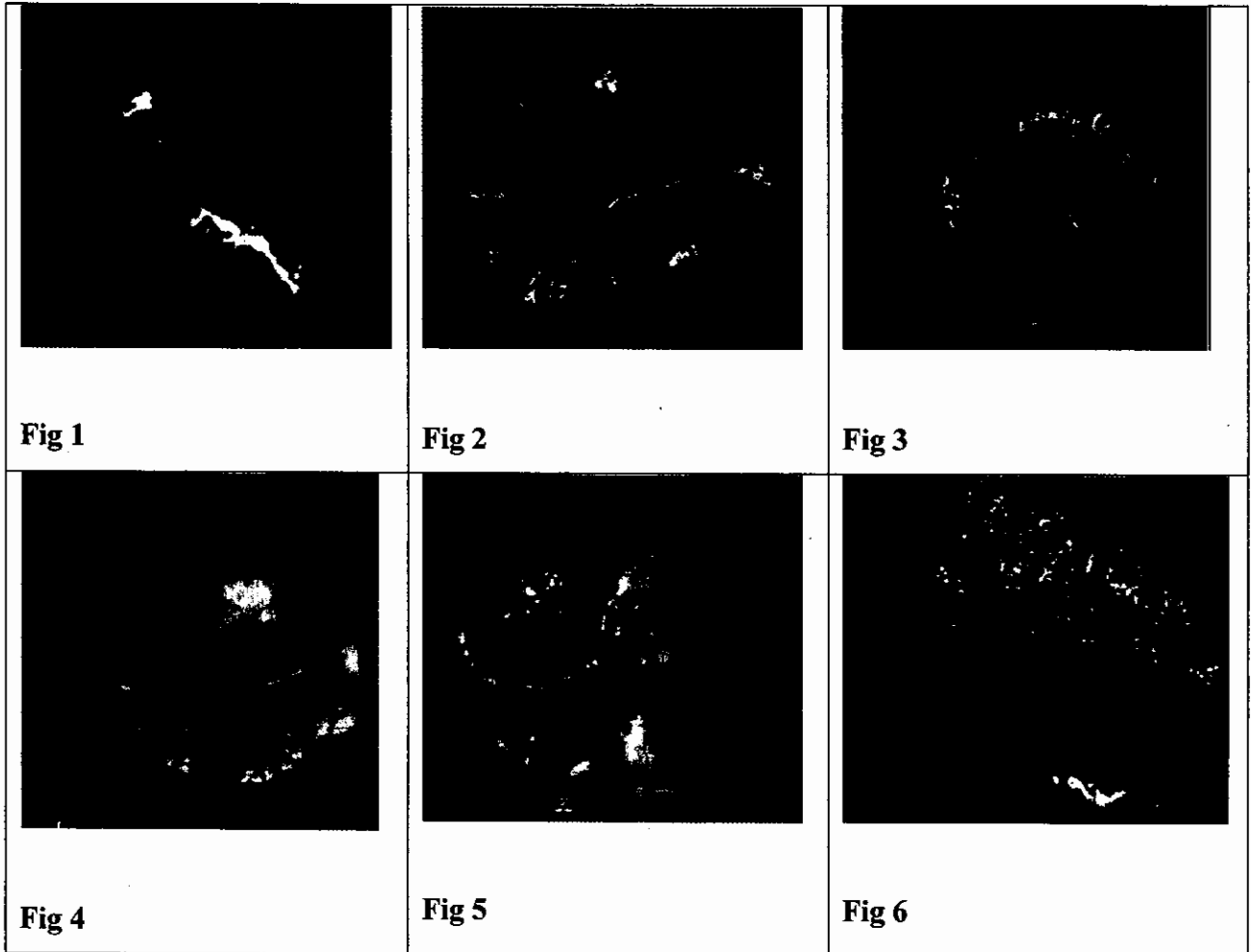
- 7) Following vasectomy, the client is advised to use dual protection for at least:
 - A. 6 weeks
 - B. 2 weeks
 - C. 3 months
 - D. 3 weeks

- 8) Following tubal ligation, it is anticipated that the woman will:
- A. Bleed heavily in the first few months
 - B. Continue to menstruate normally
 - C. Have irregular menses in the first few months
 - D. Have a decreased libido
- 9) It's a genital ulcer disease that produces painful soft sore that discharges pus sometimes causing enlarged lymph nodes in the groin.
- A. Chancroid
 - B. Syphilis
 - C. Genital herpes
 - D. Folliculitis
- 10) One of these statements is not accurate regarding SRH conditions.
- A. Podophylline is the treatment of choice for genital warts and is safe during pregnancy.
 - B. HPV is primarily transmitted through sexual contact rather than penetration
 - C. Smoking reduces the risks of Fibroids
 - D. Cryotherapy is contraindicated in PID.
- 11) Galactorrhoea in a woman who has not just given birth often indicates:
- A. Hormonal problem
 - B. Fibrocystic Breast disease
 - C. Mastitis
 - D. Ductal Carcinoma
- 12) Lindiwe is admitted in ward 13 for persistent greyish-white vaginal discharge with a fish-like odour. On examination clue cells were found in the urine. What is Khetsiwe's diagnosis:
- A. Trichomonas Vaginalis
 - B. PID
 - C. Bacterial Vaginosis
 - D. Chlamydia
- 13) With Reference to the Q12, what could be the treatment of choice for Lindiwe's condition?
- A. Doxyclyne 100mg BID x 7/7
 - B. Cipro 500mg Stat
 - C. Metronidazole 400mg TID x 5/7
 - D. Penilente 2.4mu IM stat

14) Study the following images taken during VIA. Explain the VIA status of each image using the following table:

(12)

Image	VIA Status	Explanation
Fig. 1		
Fig. 2		
Fig. 3		
Fig. 4		
Fig. 5		
Fig. 6		



QUESTION 2**(Total = 25)**

Mr Mnisi is a 55 year old CEO of a prominent company. He has been married for more than 25 years and they have 2 sons. Since last year, his company has been undergoing several challenges and he had been taking the strain too hard. Last month, Mr. Mnisi was amputated for peripheral neuropathy from complicated Diabetes Mellitus, and now he also takes cimetidine for peptic ulcers. Mrs Mnisi (48) is a teacher and has always been a source of comfort to her husband, however, it seems like her endeavours have been unsuccessful lately as he has become a regular at Solly's bar, and spends most of his weekends at work. His wife is concerned for him especially because they haven't been intimate for almost a year. He had given up intercourse because half the time he just couldn't get on with it. One morning, Mr Mnisi brought his wife to your clinic, as she was complaining of a terrible migraine and sleepless nights. During history taking, she narrates her concern for her husband and tells you that she cannot get through to him.

With reference to the scenario:

- 2.1 Explain what could be the most likely underlying SRH issue in this case? (6)
- 2.2 Discuss how you would assist the couple in addressing this issue? (9)

Zandile came to the clinic with a very itchy papular rash that covers the trunk, thighs and hands. She also complains of mild fever, and mild joint pains. The rash started two days ago. On history taking she tells you that about 2 months ago, she had a painless ulcer on the vulva but resolved without treatment. Her LMP is 16 weeks ago.

- 2.3 What STI could Zandile be suffering from, and justify your answer? (5)
- 2.4 Discuss how you would comprehensively manage Zandile? (5)

QUESTION 3.**(TOTAL= 25)**

Lola is a 17 year old who waits tables at the Happy Valley restaurant during school holidays. She has a 2 year old son that her parents believe she must provide for since he is her responsibility. Musa (19), the father of her son, is doing first year at Limkokwing University. Although he's studying full time, he is supportive to Lola and his son by using his allowance

(from his parents), and wages from piece jobs to support them. Lola makes enough money on tips although she feels like she could make even more if she worked at the casino, unfortunately the manager refused when she asked because of her age. She is frustrated by this and complains that she has a right to work anywhere she wants. Being adamant, she sometimes sneaks after her shift with the help of other croupiers. The couple feels like they are unsupported by their parents and are being punished for having a child.

3.1 Discuss why it is necessary to focus on adolescents' sexual and reproductive health, making reference to this scenario. **(13)**

3.2 Lola stated that she didn't use the clinic because the nurses were rough with her.

Describe the WHO Standards for Adolescents and Youth Friendly Services **(10)**

3.3 Justify the introduction of Comprehensive Sexuality Education in primary school. **(2)**

GOOD LUCK!!!
