

UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF MIDWIFERY SCIENCE

SUPPLEMENTARY/RE-SIT EXAMINATION: JULY 2018

COURSE TITLE: FOUNDATIONS OF MIDWIFERY

COURSE CODE: MID/MWF 401

TIME ALLOCATED: 2 HOURS

MARKS ALLOCATED: 75

INSTRUCTIONS:

1. ANSWER ALL QUESTIONS
2. USE THE PROVIDED ANSWER BOOKLET FOR ALL YOUR ANSWERS
3. START ALL QUESTIONS ON A NEW PAGE
4. USE BULLETS FOR EACH POINT IN YOUR ANSWERS (DO NOT INVENT YOUR OWN NUMBERING)
5. CHECK THAT YOUR QUESTION PAPER HAS 3 PRINTED PAGES
6. DO NOT OPEN THE QUESTION PAPER UNTIL PERMISSION HAS BEEN GRANTED BY THE CHIEF INVIGILATOR

QUESTION 1

- 1.1 Explain why models of care are important in midwifery practice. [5]
- 1.2 Discuss the midwifery model of care under the following subheadings:
- 1.2.1 The meaning of birth [8]
 - 1.2.2 The birth environment [2]
 - 1.2.3 The birth process [10]

[Total: 25 marks]

QUESTION 2

One of the purposes of the Foundations of Midwifery course is to provide you with the fundamental principles and philosophy of midwifery practice. Upon graduating, you will be expected to perform certain professional roles and hold certain responsibilities.

- 2.1 Explain the roles and responsibilities of a midwife. [14]
- 2.2 After having undergone this course, explain what you understand by the following concepts:
- 2.2.1 Reproductive health [3]
 - 2.2.2 Reproductive health care [2]
 - 2.2.3 Evidence-based decision-making [2]
- 2.3 Explain how the Safe Motherhood Initiative aims to attain optimal maternal and newborn health. [4]

[Total: 25 marks]

QUESTION 3

Mrs. Zungu is a young widow who is living with her two daughters. She has brought her youngest who is 6 months for immunization. However, during your interaction with her, you notice that she looks depressed. You notice that she is suffering from intense grief and that she is considering committing suicide. You have to counsel her.

3.1 Explain what you understand by the term 'counselling'. [1]

3.2 Explain ways in which you can show respect to Mrs. Zulu while counselling her. [8]

3.3 Discuss the skills you will employ in each phase of the counselling process that will help you to achieve a successful counselling session with Mrs. Zungu. [16]

[Total: 25 marks]