

**UNIVERSITY OF SWAZILAND
FACULTY OF HEALTH SCIENCES
BACHELOR OF NURSING SCIENCE YEAR 5**

FINAL EXAMINATION PAPER DECEMBER 2017

**TITLE OF PAPER : TREATMENT AND
MANAGEMENT MODALITIES
FOR MENTAL HEALTH
PROBLEMS 1**

COURSE CODE : NUR 554

TIME ALLOCATION : 2 HOURS

MARKS ALLOCATION : 75

**INSTRUCTIONS : THIS PAPER CONSISTS OF
THREE QUESTIONS. ANSWER
ALL QUESTIONS.**

DO NOT OPEN THIS PAPER UNTIL TOLD TO DO SO.

QUESTION 1

In the Christian point of view the concept of being non-judgemental by a therapist can be observed in patients' responses to therapy through faith, hope and love. Discuss as to how faith, love and hope can be reflected from patients' responses to therapy.

- a) Love **(10 marks)**.
- b) Hope **(10 marks)**
- c) Faith **(5 marks)**

QUESTION 2

Rogers and Sanford provide ten characteristics of the client-centred therapy. (a) In your own opinion discuss these characteristics and give two examples of real life applications for each characteristic. (b) Give five reasons supporting that client-centres psychotherapy is bad for clients.

- a) Real life application of characteristics **(20 marks)**.
- b) Badness of client-centred psychotherapy **(5 marks)**.

[25 marks]

QUESTION 3

The five parts of an individual are essential entities during psychotherapeutic interventions. Discuss how a therapist can utilize the physical, psychosocial and spiritual during psychotherapy.

- a) Physical. **(10 marks)**
- b) Psychosocial. **(10 marks)**
- c) 5 marks for Spiritual **(5 marks)**

[25 marks]