

**UNIVERSITY OF ESWATINI**  
**FACULTY OF HEALTH SCIENCES**  
**BACHELOR OF NURSING SCIENCE YEAR 3**  
**FINAL EXAMINATION: MAY, 2019**

<b>TITLE OF PAPER</b>	<b>: INTRODUCTION TO PSYCHOTHERAPY</b>
<b>COURSE CODE</b>	<b>: CHN 402</b>
<b>TIME ALLOCATION</b>	<b>: 2 HOURS</b>
<b>MARKS ALLOCATION</b>	<b>: 75</b>
<b>INSTRUCTIONS</b>	<b>: THIS PAPER CONTAINS THREE QUESTIONS. ANSWER ALL QUESTIONS</b>

**DO NOT OPEN THIS PAPER UNTIL YOU ARE TOLD TO DO SO**

### **QUESTION 1**

During child growth and development assimilation and accommodation play a very important role in influencing the development of the different parts of the child.

1. Discuss how assimilation influences cognition, psychosocial and emotional parts of the individual.
  - A) Cognition (10 marks).
  - B) Psychosocial (10 marks)
  - C) Emotional (5 marks)

### **QUESTION 2**

Certain factors can cause impairment of child growth and development among young individuals. Discuss how negative accommodation, Poor interaction and spiritual powers can cause poor mental health promotion in children.

- a) Negative accommodation (10 marks)
- b) Poor interaction (10 marks)
- c) Spiritual development. (5 marks)

### **QUESTION 3**

Positive promotion of mental health of individuals can be severely affected by certain factors during pregnancy and post-delivery. Discuss how violence during pregnancy, poor nutrition during pregnancy and lack of good caring during infancy can affect the positive promotion of mental health, among individuals?

**25 marks]**