

**UNESWA  
FACULTY OF HEALTH SCIENCES  
GENERAL NURSING SCIENCE DEPARTMENT  
RE-SIT EXAMINATION**

---

**JANUARY 2019**

COURSE NAME: INTRODUCTION TO PSYCHOLOGY  
COURSE CODE: GNS111  
TOTAL MARKS: 75 MARKS  
DURATION: 2 HOURS

**INSTRUCTIONS:**

- ANSWER ALL THE QUESTIONS
- EACH FACT IS WORTH 1 MARK
- WRITE LEGIBLE
- ANSWER EACH QUESTION ON A NEW PAGE

**DO NOT OPEN THE PAPER UNTIL THE INVIGILATOR INSTRUCTS YOU TO.**

---

QUESTION 1:

[25 MARKS]

ANSWER THE QUESTIONS BY SELECTING THE MOST APPROPRIATE RESPONSE, eg.. 1. E

1. Nomalungelo just received her exam results which unfortunately stipulated that she has to repeat two courses. She found her roommates celebrating because none of them had failed, and when she told them of her results the mood in the room changed from celebratory to gloom. This change of mood among the roommates represent:
  - A. Transference
  - B. Empathy
  - C. Sympathy
  - D. Emotional contagion
  
2. Nurse Julie, took a long bath after a long and hectic shift to soothe her aching muscles. This is an example of:
  - A. Positive Reinforcement
  - B. Negative Punishment
  - C. Positive Reinforcement
  - D. Negative Reinforcement
  
3. Musa is HIV positive and hates taking ART. He stopped last month and he developed pneumonia which almost killed him. Now he adheres to ART because he doesn't want any similar incident to happen again. This is an example of:
  - A. Positive Reinforcement
  - B. Negative Punishment
  - C. Positive Reinforcement
  - D. Negative Reinforcement
  
4. The components of motivation are:
  - A. Arousal, drive and a goal
  - B. Arousal, activation and persistence
  - C. Activation, persistence and intensity
  - D. Activation, goal and persistence

5. Maslow would classify having a job as having fulfilled the:
- A. B-need
  - B. Safety Need
  - C. Esteem need
  - D. Growth Need
6. The carrot on the stick kind of motivation is referred to as:
- A. Goal setting motivation
  - B. Achievement motivation
  - C. Extrinsic motivation
  - D. Expectancy motivation
7. According to the cognitive development theory by Piaget, this is like a script in memory or an index card filed in the brain and serves to establish a mental frame from which learning occurs.
- A. Index
  - B. Schema
  - C. Memory cues
  - D. Senses
8. When we forget because old learning interferes with the recall of new or more recent information, we refer to this as:
- A. Proactive interference
  - B. Retrospective interference
  - C. Misinformation effect
  - D. Retrieval failure
9. Which area of the brain is responsible for memory?
- A. Pons
  - B. Limbic system
  - C. Hippocampus
  - D. Hypothalamus

10. This psychological perspective focuses on individuals' free will, personal growth and the concept of self-determination as influencing behaviour
- A. Behaviourism
  - B. Humanistic approach
  - C. Cognitive Approach
  - D. Psychodynamic Approach
11. This field of psychology studies how children grow and looks at issues associated with attachment and upbringing as influencing physical and psychological health.
- A. Developmental psychology
  - B. Child psychology
  - C. Social psychology
  - D. Evolutionary Psychology
12. According to Costa, people who rank low on this trait are uncooperative, paranoid and irritable:
- A. Neuroticism
  - B. Extraversion
  - C. Conscientiousness
  - D. Agreeableness
13. Erikson believed that individuals go through various stages of development that present with conflicts from which they develop a sense of mastery which he termed:
- A. The Ego
  - B. The Superego
  - C. Ego Strength
  - D. Egocentrism
14. Menzi is always preoccupied with orderliness, perfectionism and control in every dimension of his life. He devotes most of his time working replacing intimacy and his spending time with his family. Which personality disorder is Menzi likely to be suffering from:
- A. Avoidant
  - B. Obsessive Compulsive
  - C. Antisocial
  - D. Borderline

15. Maggie is the head cheerleader. She loves the attention that the girls give her. When one of her friends Mimi lost her parent, she didn't like the attention shift, that people would sympathise and console Mimi. She felt so neglected that she told Mimi to leave the group because she had a lot to deal with and "*this mournful attention is feeding on their pazzazz*". Which personality disorder is Maggie likely to be suffering from:
- A. Histrionic
  - B. Antisocial
  - C. Schizoid
  - D. Narcissistic
16. Lisa is in the Middle Adulthood stage and she has is concerned with her ailing parents ad her troublesome teenagers. If she masters this stage, Erikson believed that she will develop:
- A. Love
  - B. Competence
  - C. Care
  - D. Wisdom
17. Memory for automatic activities, such as giving an injection to patient is:
- A. episodic
  - B. procedural
  - C. sensory
  - D. declarative
18. A score of 100 in the Stanford-Binet IQ test indicates that the test taker:
- A. correctly answered all of the items on the test
  - B. obtained the highest scores in the standardized sample
  - C. scored at the average level of test takers of the same age
  - D. has a fast reaction time, as he answered all the questions within the set time.
19. Unless rehearsed, our working memory can hold information for a period not loner than :
- A. 0.5 seconds
  - B. 3 seconds
  - C. 30 seconds
  - D. 30 minutes

20. \_\_\_\_\_ refers to the persistent focus on an earlier stage of psychosexual development due to too much or too little gratification of the id impulses at that stage.
- A. Fixation
  - B. Repression
  - C. Ego identity
  - D. Dependence
21. He is known as the father of modern Psychology:
- A. Sigmund Freud
  - B. Wilhelm Wundt
  - C. William James
  - D. Ivan Pavlov
22. Lolo is an infant; she turns towards your hand when you stroke her around her mouth. This reflex is referred to as the:
- A. Feeding reflex
  - B. Rooting reflex
  - C. Babinski Reflex
  - D. Gag reflex
23. Mlondi is 23 years old, but broke into his neighbour's house and stole their laptop. Upon their return, he greets them and tells them that he heard funny sounds and called the police who never showed up. In which stage of moral development would you classify Mlondi.
- A. Conventional (law and order)
  - B. Conventional (Good boy and Good girl)
  - C. Post conventional (social Contract)
  - D. Pre-moral (obedience and punishment)
24. In which stage of development are the individuals regarded as the sandwich generation
- A. Middle Adulthood
  - B. Young Adulthood
  - C. Early childhood
  - D. Adolescence

25. Nurse Mabila would not go on strike when all the nurses have decided to boycott. Her rationale of working is that she has vowed to care for the sick and the demands of the nurses are mainly for their livelihood, and will not add value to their practice. In which stage of moral development will you classify Nurse Mabila:

- A. Conventional (law and order)
- B. Conventional (Good boy and Good girl)
- C. Post conventional (social Contract)
- D. Post conventional: Universal principle.

**QUESTION 2:**

**[25 MARKS]**

- 2.1 Discuss the characteristics of emotional Intelligence: (15 marks)
- 2.2 Describe the BIG 5 Personality Traits by Costa and McCrea: (10 marks)

**QUESTION 3**

**[25 MARKS]**

- 3.1 Stenberg identified three forms of intelligence which he termed Triarchic. Explain these and give examples of each. (15)
- 3.2 Describe five defense mechanism that people use to avoid anxiety provoking thoughts and drives (10)

---

**#GOOD LUCK !!**